

MICO, MILAN
20-23 MAY
2026

MILAN LONGEVITY SUMMIT®

BOLD IDEAS. BIG SYSTEMS.
ONE HEALTH



PATROCINIO
Comune di
Milano





WHY ONE HEALTH. WHY NOW

THE NEXT REVOLUTION IS PERSONAL AND PLANETARY

An Unprecedented Shift

For the first time in history, people over 60 outnumber those under 18. At the same time, **our collective future depends on** how we care for not just **human health**, but the **health of our planet and economies**.

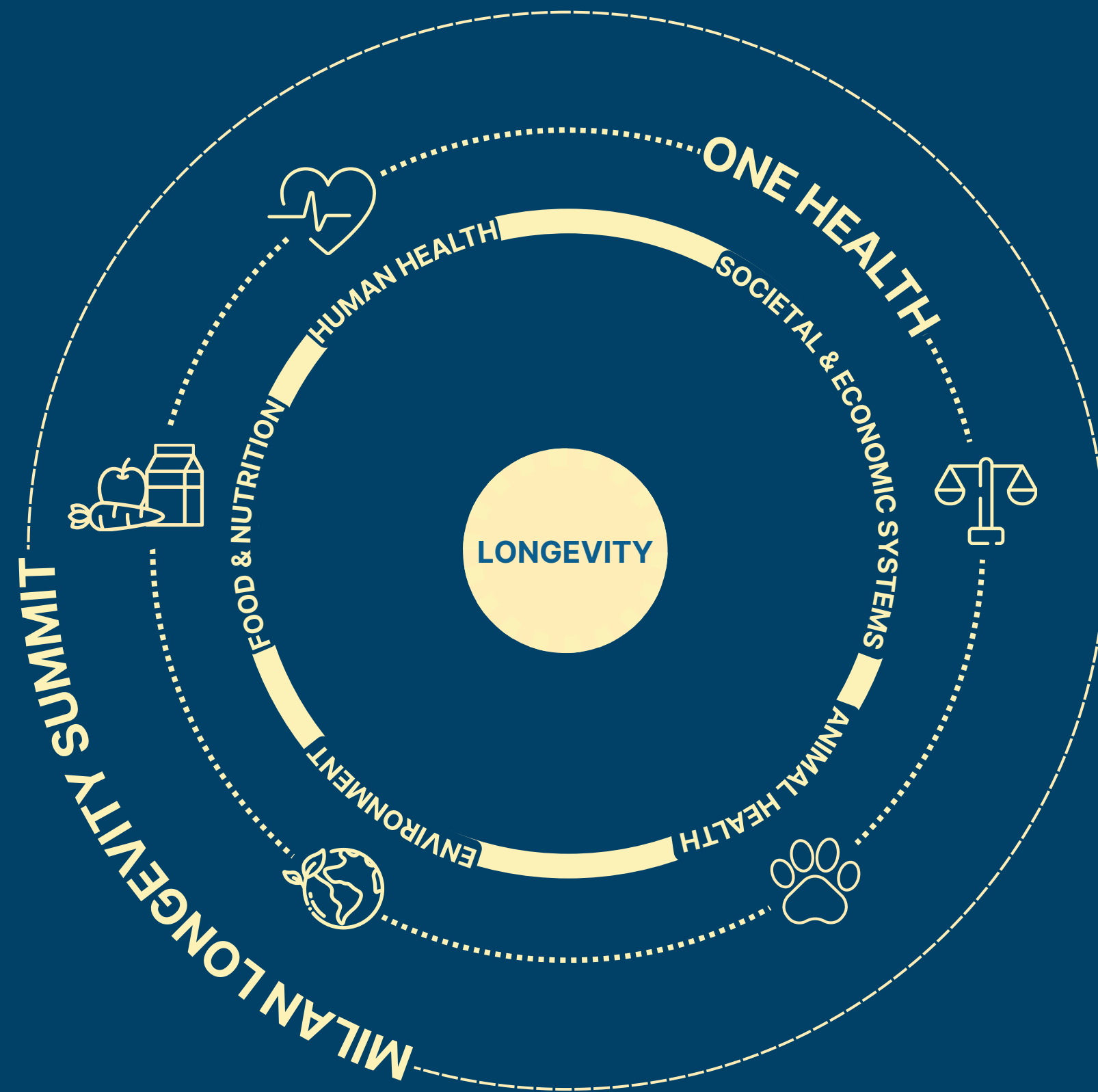
A New Definition: One Health

Longevity today is about more than living longer, it's about **thriving across the full spectrum of life**. From food systems to climate resilience, education to mental health, financial security to circular design-**longevity now touches every part of society**.

From Niche to Necessity

What began as a specialized field of science has become a global imperative: **bringing together public, private, and civic actors to rethink how we live, age, and co-exist, sustainably and equitably**.

The Milan Longevity Summit answers this call.



BEYOND MEDICINE, TOWARD SYSTEMS
CHANGE

LONGEVITY THROUGH THE ONE HEALTH LENS

Longevity is no longer just a matter of medicine, it is the outcome of how we nourish ourselves, care for our environment, protect animals, and build equitable societies: the true aspiration of the One Health framework:

Human Health: Extending healthspan through disease prevention, lifestyle, and innovation, shaped by diet, environment, and pathogen exposure.

Food & Nutrition: Sustainable, nutrient-rich diets reduce chronic disease while protecting ecosystems and future food access.

Environment: Clean air, water, and biodiversity support longer lives; pollution and climate change accelerate aging.

Animal Health: Managing zoonoses and AMR, while recognizing the wellbeing benefits of companion and service animals.

Societal & Economic Systems: Equity, access, and safe environments determine whether longevity is shared across all populations.

One Health provides the framework. Longevity is the aspiration.



[Play our Vision of building a more resilient tomorrow](#)

THE PLATFORM

REDEFINING LONGEVITY: THE SUMMIT

The Milan Longevity Summit is a **global platform** connecting **science, innovation, and society** to **systemically shape the future**.

Originally launched as a science-focused longevity conference, the Summit has evolved into a **dynamic ecosystem**, uniting Nobel Laureates, researchers, corporates, startups, investors, and institutions.

It's both a **stage for discovery** and a **space for public dialogue and transformation**.

Through immersive experiences and cross-sector collaboration, the **Summit is more than an event. It's a movement**.

In 2026, it unveils its most ambitious edition yet, transforming Milan into a **science based and impact-driven living lab** for the future of human and planetary health.



A B O U T T H E E V E N T

THE BLUEPRINT FOR A LONGER, BETTER WORLD

Rooted in One Health, the Milan Longevity Summit **unites human, planetary, and economic well-being**. Our mission is driven by **six core pillars** shaping and impacting a more resilient and prosperous future:

Democratizing Longevity Science

Turning advanced longevity research into everyday tools and strategies for healthier, longer lives available to all.



Lifelong Education

Fostering longevity literacy from childhood through old age to support informed, healthier lives.



Longevity of the Planet

Linking sustainability, from food and materials to energy and design, with human health and resilience.



Shaping Policies

Working with stakeholders and institutions to turn science and innovations into policies that drive a healthier, more resilient, and longer living societies.



Cross-Sector Innovation

Embedding longevity thinking across industries like finance, agrifood, healthcare, mobility, and tech.



Catalyze the Movement

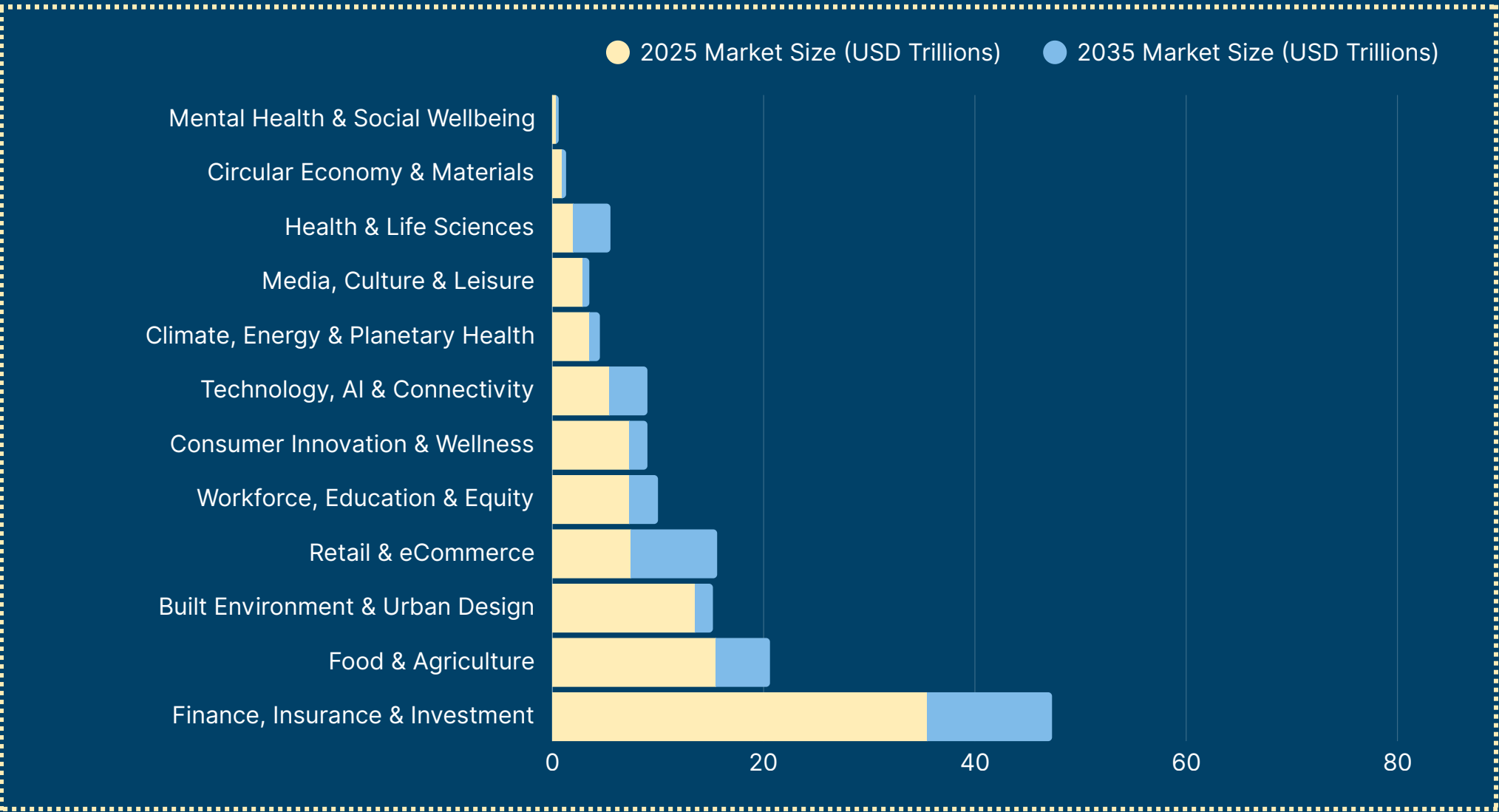
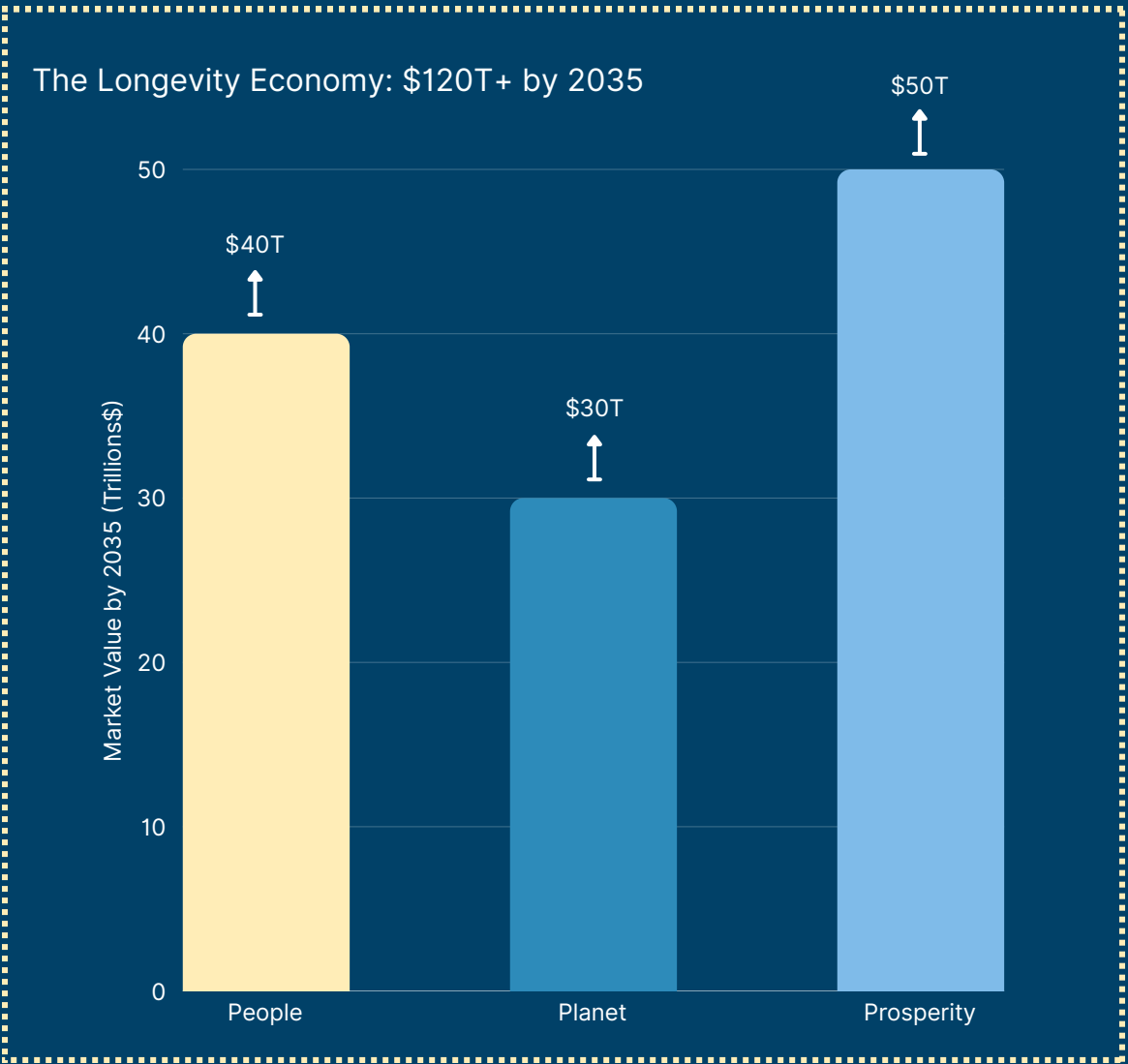
Activating the One Health movement across regions and borders, through inclusive formats that spark collaboration, dialogue and change.



FROM SECTORS TO SYSTEMS

\$120 TRILLION AND RISING: THE ONE HEALTH ECONOMY

Driven by One Health, it's not just an economy. It's a movement reshaping how we live, build, and thrive.



ONE HEALTH. ONE SYSTEM. ONE FUTURE.

12 SECTORS POWERING THE LONGEVITY REVOLUTION

These **12 sectors** form the backbone of the **Longevity Revolution**.

They are not just sectors, they are **systems of transformation** shaping the One Health future where **human, planetary, and economic health** are deeply interconnected.



Health & Life Sciences Ecosystem

Innovations extending healthspan, from digital diagnostics to regenerative care models.



Agriculture, Food & Nutrition Systems

Agriculture, alternative proteins & ingredients, sustainable production, supply chain innovation, AI and digitalization, nutrition, food as medicine.



Climate, Energy & Resilience Systems

Clean energy, biodiversity, oceans, air and water protection, and climate-tech solutions driving adaptation and regeneration



Technology, Data, AI & Connectivity Ecosystems

Telecommunications, cloud infrastructure, automation, robotics, and AI platforms powering interoperability and system intelligence.



Built Environment, Infrastructure & Urban Design Systems

Green construction, mobility, housing, smart utilities, infrastructure, and regenerative urban & rural systems enabling healthy, connected living



Finance, Insurance & Investment Systems

Impact finance, insure-tech, green banking, climate de-risking, and longevity-linked investment powering sustainable prosperity.



Circular & Bioeconomy Systems

Bio-based materials, packaging innovation, textile and design circularity, waste-to-value processes, and sustainable manufacturing ecosystem



Mental Health & Social Well-Being Systems

Emotional resilience, community design, cognitive health, and inclusive wellbeing as foundations for thriving societies.



Consumer Innovation & Wellness Systems

Personalized wellbeing, conscious consumption, behavioral design, and lifestyle technologies linking health and sustainability.



Retail, Access & Distribution Systems

Circular logistics, equitable access, digital commerce, and last-mile innovation connecting consumers to sustainable solutions.



Media, Culture, Travel & Leisure Ecosystems

Storytelling, entertainment, cultural innovation and travel experiences shaping awareness, empathy, and social transformation.



Education, Workforce, Purpose & Intergenerational Equity Systems

Lifelong learning, upskilling, digital literacy, and intergenerational inclusion supporting a 100-year life economy.

SCALING THE MOVEMENT

FROM SCIENCE TO PRACTICE: 2025 IN REVIEW

The second edition of the Milan Longevity Summit marked a leap in scale, ambition, and visibility.

What began as a scientific gathering became a celebration of ideas and engagement -featuring two Nobel Laureates and a global roster of thought leaders.

Highlights included:

80+ Longevity Labs open to the public

8000 in-person registrations

10,000+ online registrations

1000+ media features across TV, press, and digital

1st Vatican Longevity Summit in Rome

2025 showed what's possible.

2026 will show what's next.



THOUGHT LEADERS. RULE
BREAKERS. FUTURE BUILDERS.

A LOOK BACK AT THE POWERHOUSE VOICES OF MLS25

A selection of **standout speakers** from our previous edition, sparking bold conversations and breakthrough ideas.

From **Nobel laureates** to **visionary founders**, **top investors**, and **corporate leaders**, they brought the full spectrum of expertise driving the future of health and longevity.

Their contributions helped shape a cross-sector movement toward healthier, longer, and more sustainable lives.



Venkatraman Ramakrishnan
Cambridge University



Shinya Yamanaka
Kyoto University



Juan Carlos Ipsizua Belmonte
Altos Labs



Eileen Crimmins
USC / UCLA



Nerio Alessandri
Technogym



Stefano Malagoli
Quadrivio Group



Jin-Dong Jackie Han
Peking University



Valerio Orlando
KAUST



Dani Bach
Limani Partners



John Wong
NUS/NUHS



Giovanna Gigliotti
UnipolSai



Stefano Genco
EssilorLuxottica



Nic Palmarini
UK National Innovation Centre
for Ageing



Momo Vuyisich
Viome Life Sciences



Nir Barzilai
Albert Einstein College
of Medicine



Antonella Santucci
Women's Brain Foundation

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MEDIA & PRESS HIGHLIGHTS



2026: THE EVOLUTION

THE NEXT CHAPTER: A MOVEMENT FOR ONE HEALTH

In 2026, the Milan Longevity Summit expands into a living network of activations across Milan and beyond, connecting regions, institutions, and citizens in a shared journey toward the future of One Health across people, planet, and prosperity.

What's Coming:



4-Day Global Summit

From keynotes to panels, featuring Nobel Laureates, CEOs, and changemakers shaping the future of Longevity and One Health, driving the systems and innovations that define how we live, work, and thrive.



Curated Expo

Showcasing the most promising One Health solutions, featuring innovations from startups and scaleups to global companies and institutions, across sectors shaping a longer, better future



Bold Formats for Engagement

Workshops, breakout sessions, and awards designed to activate collaboration, creativity, and recognition



Longevity Houses

Transforming Milan's squares and neighborhoods into immersive, themed experiences that engage citizens, inspire healthier living, and bring longevity innovation directly to the public



Global Visibility, Thought Leadership, & Networking

Connecting high-level voices across sectors through curated networking, public dialogue, and visibility within a growing international One Health ecosystem



Innovation Challenges

Call for Ideas, pitch competitions, and hackathons connecting startups, investors, corporates and institutions

CONTENT THAT CONNECTS

BIG CONVERSATIONS. BOLD FORMATS

The Milan Longevity Summit 2026 offers a rich, **multi-format experience** designed to **inspire, connect, and accelerate innovation**:

Multiple Stages: Academic, policy, and private-sector tracks for targeted engagement and deep dives.

Keynotes & Vision Talks: Nobel Laureates, global CEOs, and leading researchers shape the future conversation.

Expert Panels & Institutional Sessions: Cross-disciplinary debates and high-level forums, uniting science, business, and policy to shape sustainable, healthy societies.

TED-Style Spotlights: Short, powerful talks showcasing startups, pioneers, and breakthrough ideas.

Workshops & Closed Sessions: Invite-only sessions for corporates, policymakers, and investors to collaborate on emerging solutions.

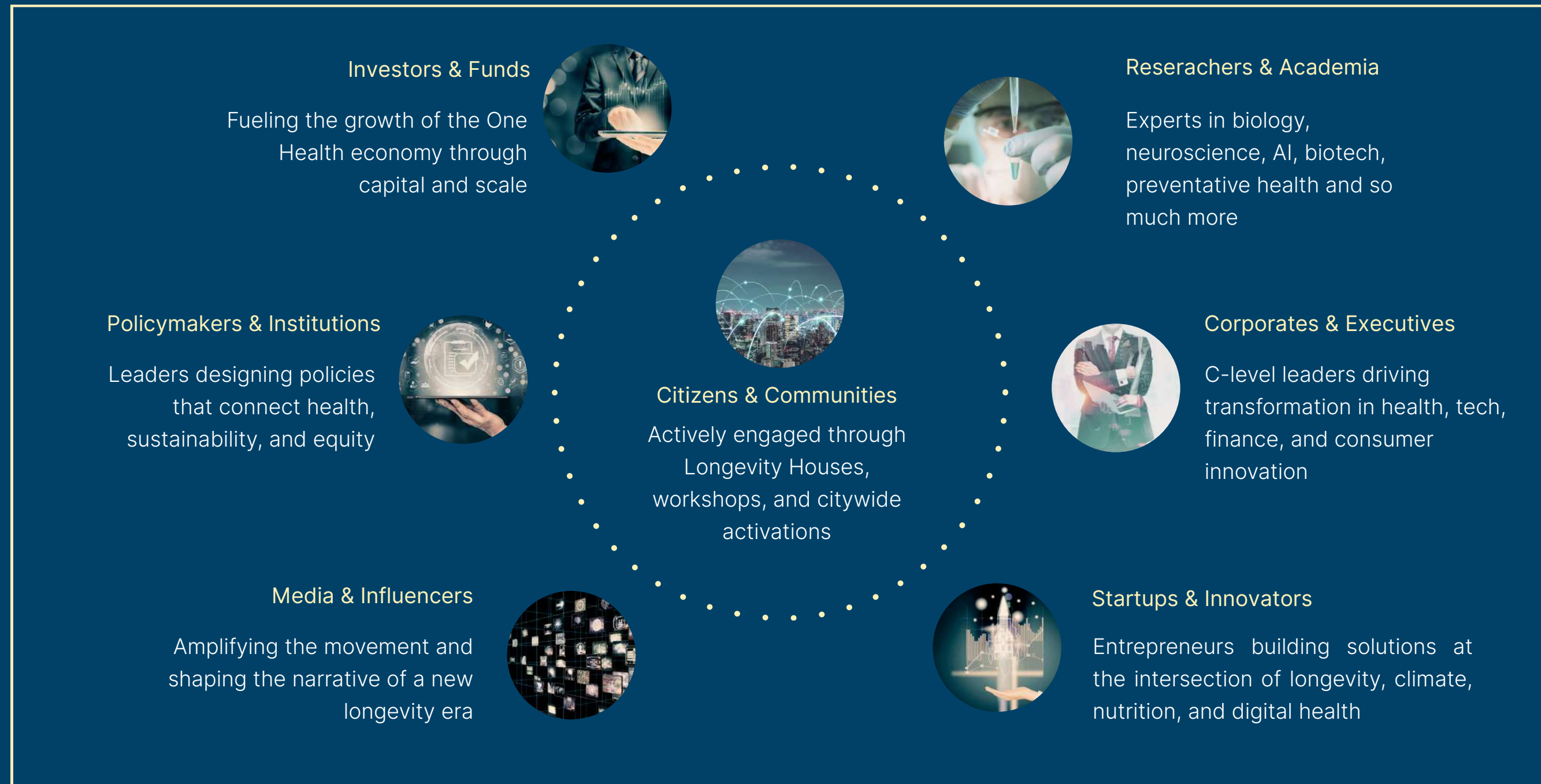
In Milan, longevity isn't just discussed - it's designed.



THE TARGET AUDIENCE

THE BRIGHTEST MINDS. THE BIGGEST MOVERS

The Milan Longevity Summit convenes a uniquely high-impact, cross-sector audience:



This is more than a conference.
It's a global ecosystem creating the future of One Health. Together.



THE CASE FOR ACTION

WHY GET INVOLVED?

The Milan Longevity Summit is more than an event, it's a **movement shaping the future** of health, innovation, and society.

Thinks Big

A world-class platform spotlighting One Health on a scale never seen before.

Drives Solutions

Action-oriented programming that showcases real innovations, not just the problems.

Empowers the Next Generation

Youth aren't just included, they have a seat at the table.

Breaks Silos

Cross-sector collaboration fuels a truly holistic longevity economy.

Connects Globally

A launchpad for visibility, partnerships, and bold, transformative ideas.

This isn't the future being discussed.

It's the future being built, and you belong at the table.

BE PART OF WHAT'S NEXT

THE FUTURE IS CALLING. WILL YOU ANSWER?

One Health is not something we observe. It's something we create.

Whether you're a scientist, innovator, investor, policymaker, or changemaker, your voice matters in this global movement.

The Milan Longevity Summit 2026 invites you to:

Partner with us to co-create unforgettable experiences.

Speak on stage alongside the world's leading minds.

Showcase your innovation to a global audience.

Amplify your impact across media, institutions, and industries.

This is your invitation.

This is Milan.

This is the future of longevity.

This is One Health.





BE PART OF THE MOVEMENT THAT'S REDEFINING THE FUTURE

Join us in shaping a longer, better world. Powered by science, driven by innovation, and rooted in One Health.

Let's build it together.

Mico, Milan, 20-23 May, 2026
Vatican City, 25-26 May, 2026

THANK YOU

GET IN TOUCH:
info@milanlongevitysummit.org

