



20-23 MAY, 2026

**Bold Ideas. Big Systems.
One Health**



About the Summit

Welcome to Milan Longevity Summit 2026 at Allianz MiCo.

The Milan Longevity Summit 2026 is a global platform exploring how the systems that shape our lives, health, science, food, technology, finance, cities, education, and culture, can evolve to support healthier, more resilient futures.

Over four days, the Summit brings together scientists, institutions, policymakers, entrepreneurs, investors, creatives, and industry leaders for cross-sector dialogue, collaboration, and systems thinking.

Built around the vision of One Health, the programme explores the interconnected relationship between human health, planetary wellbeing, and economic resilience. Across four stages and twelve interconnected sectors, the Summit examines how innovation, governance, research, infrastructure, and culture can contribute to long-term wellbeing and societal resilience.

From longevity science and preventive medicine to regenerative economies, AI, food systems, mental health, urban design, and the future of work, the Milan Longevity Summit is designed to connect disciplines, industries, and perspectives through a shared conversation about the future of life on this planet.

Because longevity is not only about living longer.

It is about designing systems capable of sustaining life, for people, society, and the planet, over time.

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The Summit at a Glance

4 DAYS

Understanding today's systems and imagining what comes next

4 STAGES

LONGEVITY · PROSPERITY · VITALITY · HUMANITY

12 SECTORS

Health & Life Sciences · Agrifood · Tech & AI · Infrastructure & Cities · Economy · Media, Culture & Leisure · Education, Work & Learning · Circularity & Bioeconomy · Planetary Health · Consumer Innovation · Retail · Mental Health & Wellbeing

300+ SPEAKERS

Science · Policy · Industry · Economy · Creativity

ONE HEALTH

Connecting human, planetary, and societal wellbeing

BUSINESS MATCHING

Curated meetings and cross-sector collaboration

INNOVATION EXPO

Startups, technologies, and emerging solutions

CITY-WIDE ACTIVATIONS

Experiences and events across Milan

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The Venue & Experience

The Summit takes place across multiple stages, networking areas, and activation spaces designed to encourage movement, discovery, and connection throughout the venue.

Use the map to navigate:

- Our stages
- Registration & accreditation
- Innovation Expo
- Business Matching Area
- VIP Lounge
- Networking & food area
- Partner activations
- Media & press
- Restrooms and venue services

There is no single path through the Summit.

Move across stages, follow connections, and build your own journey through the conversations shaping the future of health, society, and long-term resilience.

For the latest programme updates and live information, scan the QR code or visit:

milanlongevitysummit.org





A Heartfelt Thank You

The Milan Longevity Summit exists thanks to an extraordinary community of people who believe in the possibility of building healthier and more resilient futures.

Our deepest gratitude goes to our Scientific Committee, speakers, partners, institutions, advisors, moderators, volunteers, and team members whose expertise, generosity, and dedication made this Summit possible.

Most importantly, thank you to everyone joining us in Milan. We hope these days spark new ideas, meaningful connections, and collaborations that continue long after the Summit ends.

With gratitude,
The Milan Longevity Summit Team

Scientific Committee

The Scientific Committee supports the scientific direction of the Milan Longevity Summit, helping shape a programme grounded in rigorous research, clinical relevance, and interdisciplinary dialogue.

Its members bring expertise across longevity science, medicine, neuroscience, prevention, nutrition, and health research, contributing to conversations exploring the future of human health, ageing, and wellbeing.

Members

- Alberto Beretta, Chair
- Maria Pia Abbracchio, Co-Chair
- Nir Barzilai, Albert Einstein, New York, USA
- Juan Carlos Belmonte, Altos Lab, Los Angeles, USA
- Francesco Billari, Bocconi University, Milano, Italy
- Anna Erat, University of St Gallen Executive School, Switzerland
- Claudio Franceschi, University of Bologna, Italy
- Nicola Palmarini, National Institute of Ageing, Newcastle, UK
- Daniela Perani, Vita e Salute San Raffaele University, Milano, Italy
- Camillo Ricordi – Diabetes Research Institute, Miami, USA
- Antonella Santuccione Chadha, Women's Brain Foundation, Zurich, Switzerland
- Vittorio Sebastiano, University of California, Los Angeles, USA

THANK YOU

Our Team

Behind the Milan Longevity Summit is a multidisciplinary team working across strategy, science, partnerships, production, communications, design, operations, and community building, united by the ambition of creating a platform capable of connecting disciplines, industries, and perspectives through a shared conversation about the future of health and society.

Over the past months, this Summit has been built through countless conversations, collaborations, late nights, challenges, and moments of inspiration. What you will experience over these days is the result of an extraordinary collective effort driven by passion, curiosity, and care.

To every speaker, partner, institution, volunteer, collaborator, advisor, and member of the team: thank you for helping bring this vision to life.

And to everyone joining us in Milan, thank you for being part of this journey. We hope these days spark new connections, unexpected ideas, and conversations that continue long after the Summit ends.

With gratitude,
 Sharon Cittone
 On behalf of the Milan Longevity Summit Team

TEAM



Sharon Cittone



Felipe Fontaneli



Adele Diana Tosti



Felice Lopane



Elisa Rapisarda



Marta Bochicchio



Orietta Ferrero



Cristina Gagliardi



Marzia Fradusco



Lara Anna Stoinich



Alessandra Bichi



The Program

Four Days. Four Lenses. One System.

The Milan Longevity Summit 2026 is designed as a journey across systems.

Longevity is not only about living longer, it is the result of how well our systems function over time: health, food, cities, capital, technology, and society.

Over four days, the program moves from understanding today's challenges to shaping the systems of tomorrow:

Day 1: Orientation & Common Ground

Where we are, and why change is needed

Day 2: Redesigning Systems

New frameworks, incentives, and models

Day 3: Scaling the Systems

Infrastructure for real-world transformation

Day 4: The Future We Want

Long-term visions, values, and next generations

HOW TO NAVIGATE

Sessions are organized across four color-coded stages.

Follow one track, or move across them to build your own journey.



PROSPERITY

Policy, governance, economy and capital

Exploring the systems, incentives, and financial models shaping long-term resilience.



VITALITY

Innovation & market transformation

Startups, industry, and investment scaling solutions across interconnected sectors.



HUMANITY

People, culture and society

Mental health, education, creativity, and social systems, exploring how we live, work, and connect.



LONGEVITY

The foundations of health, science and research

Research, biology, and clinical insights shaping longevity and healthspan.
From discovery to real-world application.

BUILD YOUR PATH

There is no single way to experience the Summit.

Move across stages. Follow connections.

The most valuable insights happen at the intersections.

One Health is not one discipline; it's how everything works together.

Select your day and stage colour to jump straight to the program

20 MAY

21 MAY

22 MAY

23 MAY



PROGRAM

Innovation District

The Innovation District brings together startups, technologies, investors, research organisations, corporates, and ecosystem partners working at the forefront of health, longevity, food systems, AI, sustainability, finance, consumer wellbeing, and systems innovation.

Designed as a dynamic space for discovery, collaboration, and real-world exchange, the area combines the Innovation Expo, Innovation Stage, workshops, business matching, and interactive formats across three days of programming.

Throughout the Summit, Innovation Arena's stage partners will host pitch competitions, workshops, innovation challenges, showcases, and curated conversations exploring how emerging technologies and new business models can contribute to healthier, more resilient futures.

From early-stage startups to established innovators, the Innovation District highlights the people and ideas helping shape the next generation of solutions across interconnected sectors.

We invite you to explore, connect, discover new collaborations, and engage with the innovators building what comes next.

Innovation Stage

Panels, pitch competitions, firesides, workshops, and live programming

Innovation Expo

Startup booths, technology showcases, and partner activations

Change For Good Lounge Powered by Fineco

Workshops, challenge sessions, presentations, networking moments, informal meetings, lounge spaces, and interactive discussions designed for exchange, collaboration, and community building throughout the Summit.

Business Matching

Curated meetings between startups, investors, corporates, institutions, and ecosystem partners

Partner Activation

Experiences, showcases, and branded activations throughout the Innovation District

BUILD YOUR PATH

Select your day and stage colour to jump straight to the program

20 MAY

21 MAY

22 MAY

23 MAY



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20 MAY

**Orientation & Common Ground:
Understanding the System We Are Transforming**



Allianz MiCo



**9:30 - 10:50
OPENING**

The opening event featuring institutions, and special guests



The Universe, Humanity & the Future We Share

Marcelo Gleiser, Theoretical Physicist and Appleton Professor of Natural Philosophy at Dartmouth College; Author and co-founder of 13.8; Templeton Prize laureate, Presidential Faculty Fellows Award recipient



**11:00-11:50
KEYNOTE & FIRESIDE**

What if our Doors of Perception Were Cleansed: From Machine Logic to Living Intelligence, in Economics and Beyond

John Fullerton, President, The Capital Institute

Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan

Powered by Fineco

ECONOMY, FINANCE & INVESTMENTS



**12:00-13:15
FIRESIDE**

Financial Longevity for Future Sustainability

Financial Institutions: Designing for Lifetime Financial Resilience

Romualdo Guidi, Head of Product and Services, Fineco Bank

Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan

Public Systems & Policy: Rethinking Financial Security for Longer Lives

Video: **Stefania Lenoci**, Representative for Italy, S. Europe and the Holy See, World Bank

Paul Ladd, Sustainable Development and Population Division, United Nations Economic Commission for Europe UNECE

Chaired by **Piero Munari**, CEO, Arwin & Partners, Chairman, Italian Association Investor Relations

Powered by Fineco

ECONOMY, FINANCE & INVESTMENTS



**13:15-14:30
NETWORKING LUNCH**



**14:30-15:15
VISION TALK & FIRESIDE**

Global Health Governance: What Policies Are Working and What Are Not

Kira Fortune, Regional Advisor Healthy Cities, Health Promotion and Well-being, World Health Organization - WHO

Rosa Martínez Rodríguez, Secretary of State for Social Rights, Government of Spain

Chaired by **Kira Fortune**

Powered by World Health Organization - WHO

HEALTH & LIFE SCIENCES



**15:30-16:30
PANEL**

Policies for Work: Productivity, Demographics & Workforce Transitions

Barbara Falcomer, Executive Director, Valore D

Alberto Antonietti, Vice President, Assoconsult

Giuseppe Carrella, Partner, BCLAB

Moderated by **Carola Salvato**, Founder & Chief Executive Officer Kea Connecta

WORK, EDUCATION & EQUITY



**17:00-17:30
VISION TALK & FIRESIDE**

Planetary Health Is Non-Negotiable: Taking Stock of Where We Are

Susana Muhamad, Former Ministry of Environment and Sustainable Development, Colombia

Presented by **Louisa Burwood-Taylor**, Chief Communications Officer, Agfunder

PLANETARY HEALTH



**17:30-18:30
PANEL**

Unlocking AI Potential: Prosperity for People and Planet

Luigi Maxmilian Caligiuri, Director, Foundation of Physics Research Center (FoPRC)

Manuele Monti, Chief Executive Officer, TechBricks

TECHNOLOGY, DATA & AI

20 MAY



PROSPERITY

SKY 1



20 MAY



12:00-13:00
VISON TALK & FIRESIDE

Retail & Consumer Health Markets: State of Play

Beatriz Jacoste, Chief Executive Officer, KMZero

Luigi Caterino, Co-founder & Chief Executive Officer, The Longevity Suite

Massimo Pietracaprina, Chief Executive Officer, MD Concierge

Presented by **Roberta Farinola**, Chief Executive Officer, Welligence

Powered by Unifarco

RETAIL & CONSUMER ACCESS



13:00-14:30
NETWORKING LUNCH



14:30-15:30
PANEL

Supply Chains & Market Shifts in Food & Agriculture

Shirley Shahar, Chief Executive Officer, DesertTech Ventures

Manon Littek, Managing Partner, Green Generation Fund

Simona Caselli, Presidente, Granlatte

Moderated by **Johan Jørgensen**, Partner, Sweden FoodTech

AGRICULTURE, FOOD & NUTRITION



15:30-16:00
CONVERSATION

Energy for Health: Markets, Infrastructure & the Climate Dividend

Cristina Tommasini, Senior Advisor, Finegreen

Moderated by **Flavia Zalocco**, Chief Client Experience & Product Officer, Green Future Project

PLANETARY HEALTH



16:00-16:20
CONVERSATION

State of Bioeconomy & Circular Markets

Eric Ezechieli, Co-founder & Co-director, Nativa

Moderated by **Emanuele Bompan**, Editor in Chief, Renewable Matters

BIOECONOMY & CIRCULARITY



16:45-17:45
SALON

Where Is Life Sciences Heading? Biotech, HealthTech, Pharma and the Next Frontier

Sergio Dompé, Executive President, Dompé Farmaceutici

Peter Kash, Chairman, Camelot Biocapital

Moderated by **Christine Gould**, Chief Executive Officer, GIGA

Powered by Centro Diagnostico Italiano - CDI

HEALTH & LIFE SCIENCES

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BACK

20 MAY



12:00-13:00
PANEL

The New Architecture of Value: Rethinking Work for Longer Lives

Valeria Bonilauri, Board Member, Consorzio Elis

Antonio Addeo, President, Aran

Simone Pizzoglio, Vice President, Manager Italia

Cetti Galante, Chief Executive Officer, Intoo

Massimiliano Branchi, General Manager, Saipem

Moderated by **Annachiara Annino**, Partner, Lattanzio KIBS

WORK, EDUCATION & EQUITY



13:00-14:30
NETWORKING LUNCH



14:30-15:30
PANEL

Investing in Cultural Capital: Creating Long-Term Value for One Health

Luca Tesauro, Founder & Chairman, Giffoni Innovation Hub

Nicola Formichella, Chief Executive Officer, Forbes Italia

Nic Palmarini, Director, UK National Innovation Centre for Ageing

Moderated by **Michela D'Onofrio**, Co-founder, eArs

MEDIA, CULTURE & LEISURE



15:30-16:00
VISION TALK

The Missing System: Why Longevity Begins Inside

Joshua Freedman, Founder & Chief Executive Officer, Six Seconds

Presented by **Louisa Burwood -Taylor**, Chief Communications Officer, Agfunder

Powered by Chenot

MENTAL HEALTH & WELLBEING



16:15 - 17:15
PANEL

The Consumer Shift in Wellness & Nutrition: Trust, Choice & Misinformation

Daniela Cerrato, Chief Marketing Officer, Mondadori Group

Manon Littek, Founder & General Partner, Green Generation Management

Tine Hertz, Founder & Chief Executive Officer, One Thirty Labs

Moderated by **Roberta Farinola**, Chief Executive Officer, Wellingence

CONSUMER INNOVATION & WELLNESS



17:30-18:30
PANEL

Reimagining Universities in an Age of Rapid Change

Chaired by **Gianna Martinengo**, DKTS and Women&Tech ETS

CoChaired by **Maria Pia Abbracchio**, University of Milan

Anna Flavia d'Amelio Einaudi, Vita - Salute San Raffaele University

Giovanna Iannantuoni, Bicocca University of Milan

Elio Franzini, University of Milan Statale

WORK, EDUCATION & EQUITY

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SKY 2

BACK

20 MAY



11:00 - 13:30
KEYNOTE & PANEL

Longevity and Demographics: Rethinking Ageing Societies

Chaired by **Francesco Billari**, Bocconi University of Milan

Keynote by **Jay Olshansky**, University of Illinois

Life extension in the XI century

Jennifer Beam Dowd – University of Oxford

Progress stalled? The uncertain future of life Expectancy in high-income countries

Diego Ramiro Farinas – Spanish National Research Council

Sociodemographic and health inequalities and their effect on life expectancy

Daniele Vignoli, University of Florence

Positive demography: reframing the debate on population ageing

Panel discussion

Keynote by **Pierre Magistretti**, King Abdullah University of Science and Technology (KAUST)

Brain Health and Aging: A key role of glial cells and neuroenergetics

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:30-18:30
PANEL

Measuring Ageing: Biomarkers, Clocks, And Predictive Tools

Chaired by **Claudio Franceschi**, Professor Emeritus of Immunology, University of Bologna

Claudio Franceschi, University of Bologna

Age clocks: state of the art

Steve Horvath, Principal Investigator, University of California Los Angeles

From clocks to care: epigenetics in precision medicine

David Furman, Director, Stanford 1000 Immunomes Project, Buck Institute

Epigenetic clock of intrinsic capacity

Roland Eils, Founding Director, Center of Digital Health at Berlin Institute of Health at Charité

AI for longevity: Predicting ageing related outcomes in population scale cohorts

Rosa De Santis, Group Leader, Institute Telethon of Genetics and Medicine-TIGEM

Population genomic screening: intercepting tumors and cardiovascular diseases before symptoms

Austin Argentieri, Researcher, Broad Institute

Developing robust aging biomarkers via proteomics and genomics: perspectives from large human studies

Paolo Garagnani, Associate Professor, University of Bologna

Natural selection signatures of semi-supercentenarians genomes reconcile hallmark pathways of preclinical models of aging with human longevity

Panel discussion

Keynote by **Andrea Maier**, Professor of Geroscience, National University of Singapore-NUS

Digital biomarkers of aging

SCIENCE & RESEARCH

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AQUA 1

BACK

THE INNOVATION DISTRICT

A space dedicated to emerging ideas, breakthrough startups, live challenges, workshops, conversations, and collaborative formats designed to connect innovation with real-world systems transformation.

From pitch competitions and industry showcases to hands-on workshops and cross-sector dialogues, the Innovation Arena highlights the people, technologies, and solutions shaping the future of health, finance, food, AI, and society.



14:30-15:30

FINECO SPACE

DEEP DIVE WITH JOHN FULLERTON

An intimate conversation with John Fullerton exploring regenerative economics, systems thinking, and the structural shifts needed to build long-term resilience across finance, business, society, and planetary systems.

The session will also feature the presentation of his new book, *Regenerative Economics: Revolutionary Thinking for the World in Crisis*, which reimagines the economy as a living system capable of evolving beyond extractive models toward healthier relationships between people, capital, and the planet.

Drawing from science, ecology, and systems thinking, the book examines the roots of today's interconnected crises, from climate change and biodiversity loss to growing inequality, while proposing a regenerative framework designed to support long-term human and planetary wellbeing.

Presented in an interactive workshop and discussion format designed to encourage deeper dialogue, reflection, and audience exchange.



14:30-17:30

INNOVATION ARENA

STARTUP PITCH COMPETITION - DAY 1

Across three days, selected startups from around the world take the stage to present breakthrough ideas and emerging solutions shaping the future of health, food systems, AI, finance, sustainability, consumer wellbeing, and planetary resilience.

The competition brings together founders, investors, corporates, institutions, and ecosystem leaders in a dynamic format designed to spotlight innovation with the potential to drive meaningful systems transformation.

From early-stage technologies to scalable market solutions, the Startup Pitch Competition highlights a new generation of entrepreneurs building the tools, platforms, and models shaping healthier and more resilient futures.

20 MAY



INNOVATION

BACK



21 MAY

Redesigning Systems & Governance



Allianz MiCo

21 MAY



10:00 - 10:50
CONVERSATION

Health Systems at a Crossroads: Redesigning for Healthier Societies

Yongjie Yon, Technical Officer on Ageing and Health, WHO Europe

Rosanna Tarricone, Associate Dean, SDA Bocconi

Guido Bertolaso, Welfare Councillor for the Lombardy Region (TBC)

Moderated by **Yongjie Yon**

Powered by **WHO**

POLICY & GOVERNANCE



11:00-12:00
TALK

Policies for Sustainable and Inclusive Societies

Giuseppe Reale, President and Co-General Manager, Fondazione Rebecca

Arnstein Aassve, Director, FutuRes Bocconi

Fabrizio Natale, Team Leader Demography, European Commission -Joint Research Centre JRC

Mariuccia Rossini, President, AGESPI

Moderated by **Felice Lopane**, Managing Director, Cluster BION

ONE HEALTH



12:00-13:00
FIRESIDE CHAT

From Financial Advisory to Life Planning: A Necessary Evolution

Fabio Melisso, Chief Executive Officer, Fineco Asset Management

Giuseppe Turchetti, Professor of Economics, University of Pisa

Moderated by **Irene Elisei**, Sky Tg24

Powered by **Fineco**

ECONOMY, FINANCE & INVESTMENTS



13:00-14:30
NETWORKING LUNCH



14:30-15:30
FIRESIDE CHAT

Financing the Planet: Capital, Regeneration & Real-World Transition

Daniela Ibarra Howell, Founder and Managing Director, Savory Foundation

Moderated by **Sharon Cittone**, Chief Executive Officer, Edible Planet Ventures and Milan Longevity Summit

Summit

ECONOMY, FINANCE & INVESTMENTS



15:30-16:30
PANEL

Policy & Governance for Food System Transition: Aligning Health, Climate & Markets

Francesca Gallelli, Food Systems Policy Officer, World Federation for Animals

Martin W. Bloem, Associate Professor, Johns Hopkins Bloomberg School of Public Health, Senior Advisor Kerry Health and Nutrition Institute

Advisor Kerry Health and Nutrition Institute

Dan Kittredge, Founder & Executive Director, Bionutrient Institute

Johan Swinnen, Director General, International Food Policy Research Institute

Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures

AGRICULTURE, FOOD & NUTRITION



16:30-17:30
VISION/SALON

Redesigning Urban Ecosystems: Health, Resilience & Liveability

Vision Talk by **Kira Fortune**, Regional Adviser, Healthy Cities, Health Promotion and Well-being, WHO

Emanuel Conte, Deputy Mayor for Budget, State Property and Housing, Municipality of Milan

Federico Serra, President, Health City Institute

Moderated by **Kira Fortune**

Powered by **World Health Organization, WHO**

INFRASTRUCTURE & CITIES



17:30-18:30
PANEL

Public-Private Capital and Systemic Infrastructure: The Incentive Gap

Marco Alverà, Co-founder & Chief Executive Officer, Zhero Group

Luciano Balbo, Chairman, Oltre Impact

Paolo Pio, Co-founder & General Partner, Exceptional Ventures

Omar Bertoni, Chief Executive Officer, LifeGate Way

Moderated by **Guido Cornettone**, Chief Executive Officer, Solongevity

Powered by **Fineco**

ECONOMY, FINANCE & INVESTMENTS

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SKY 1



**10:00-11:00****PANEL****Retail for the Century-Long Life: Rethinking the Consumer Journey**

Luigi Riva, President, Assoconsult

Claudia Parzani, Co-founder, A-Life

Viktorii Savitska, Chief Global Affairs Officer, Epicentr Group of Companies

Antonio Sciuto, Co-founder & Chief Executive Officer, ELAI

Moderated by Moriella Kovalski, Executive Director, Maize

Powered by Roche

RETAIL & CONSUMER ACCESS

**11:00-12:00****PANEL****Food as Medicine: Precision Nutrition, Business Models & Access**

Bodil Sidén, General Partner, Kost Capital

Nélida Leiva Eriksson, Chief Executive Officer, Ironic Biotech

Florian Müller, Member of the Executive Board, Colostrum BioTec

Christian Pichler, Chairman and Managing Director, GERBER-RAUTH

Moderated by Antonio Iannone, Founder & Chief Executive Officer, The FoodCons

Powered by Terme de Montel

AGRICULTURE, FOOD & NUTRITION

**12:00-13:00****PANEL****Designing Healthier Products: From Molecule to Market**

Lorenzo Wittum, VP Global, Vaccine & Immune Therapies, AstraZeneca

Colby Kash, Chief Executive Officer, Camelot BioCapital

Asaph Aharoni, Principal Investigator, Weizmann Institute

Bart Van Hooland, Managing Partner, THIA Ventures

Moderated by Ludovico Baldassin, Chief Executive Officer, Jakin

Powered by Roche

BIOECONOMY & CIRCULARITY

**13:00-14:30****NETWORKING LUNCH****14:30-15:30****PANEL****Food as the Connective Tissue: Breaking Down Silos Across Sectors**

Anja Leissner, Chief Executive Officer, Spring

Amy Godfry, Investor, The First Thirty

Dan Kittredge, Founder & Executive Director, Bionutrient Institute

Moderated by Beatriz Jacoste, Chief Executive Officer, KMZero Food Innovation Hub

Powered by Edible Planet Ventures

AGRICULTURE, FOOD & NUTRITION

**15:30-16:30****PANEL****Inclusive Innovation: Designing for Access, Not Elites**

Anna Zò, Head of MIH PRO, Music Innovation Hub

David Bassani, Founding Partner, Maia Ventures

Giuseppe Andreoni, Professor at Politecnico di Milano, Department of Design

Asier Alea, Director, Global Development, Basque Culinary Center

Moderated by Catalina Valencia Zuluaga, Director, KMZero Food Innovation Hub

Powered by Lundbeck

CONSUMER INNOVATION & WELLNESS

**16:30-17:30****VISION TALK****AI in Practice: Decision-Making, Prediction and the One Health Promise**

Lorenzo Fariselli, Director, Six Seconds Europe

Ava Esh, Founder & CEO, Mirae Code Labs

Ivan Ortenzi, Chief Innovation Evangelist, BIP

Giuseppe Mayer, Chief Executive Officer & Founder, Talent Garden

Presented by Ryslaine Moulay Peach, Innovation Director, Maize

TECHNOLOGY, DATA & AI

**17:30-18:30****CONVERSATION****Beyond the Self: Rethinking Time, Death and Legacy**

Tommaso Barba, Centre for Psychedelic Research, Imperial College London

Thomas Winkelmann, Co-founder, A Hundred Years

Moderated by Christine Gould, Chief Executive Officer, GIGA Futures

MENTAL HEALTH



9:45-10:50

VISION TALK/PANEL

Cities as Health Systems: Designing for All Life Stages

Vision Talk: **Carlo Ratti**, Director, MIT Senseable City Lab & Founder, Carlo Ratti Associati
Federica Alberti, Director, Wellness Foundation
Lamberto Bertolé, President Rete Città Sane OMS; Deputy Mayor for Welfare and Health, Municipality of Milan
Claudio Garbellini, General Manager Homecare Division, SOL Group
Elisabetta Pizzini, Italy Country Leader, The Floop Limited
Moderated by **Carolina Nisivoccia**, Founder & Principal Architect, Carolina Nisivoccia Architecture & Design
Powered by The Longevity Suite
INFRASTRUCTURE & CITIES



11:00-12:00

PANEL

Cities and Longevity, a Pact For The Future

Alessia Canfarini, Equity Partner & Head of Human Capital, BIP
Giacomo Biraghi, President, Stratosferica
Marcello Coppa, Chief Executive Officer, Feel
Alessandro Giaume, Senior Advisor, Feel
Moderated by **Antonella di Leo**, Publisher, Wise
INFRASTRUCTURE & CITIES



12:00-13:00

VISION TALK/FIRESIDE

Future-Ready Youth: Moving from Proven Practice to Systemic Impact

Stephen Ritz, Founder, Green Bronx Machine
Morgane Kendregan, School & Events Lead, Timegivers
Moderated by **Christine Gould**, Chief Executive Officer, GIGA
Powered by Lundbeck
WORK, EDUCATION & EQUITY



13:00-14:30

NETWORKING LUNCH



14:30 - 15:30

VISION/ PANEL

The Architecture of Feeling: Designers, Artists and the Spaces That Shape Emotion

Vision Talk: **Duyi Han**, Artist and Designer
Giorgio Caimi, Director of R&D and Open Lab, Caimi Brevetti
Gianluca Valsesia, Chief Commercial Officer, Gessi
Lorenzo Palmeri, Architect and Designer
Moderated by **Carolina Nisivoccia**, Founder & Principal Architect, Carolina Nisivoccia Architecture & Design
Powered by Carolina Nisivoccia Architecture & Design
MENTAL HEALTH & WELLBEING



15:30-16:30

WORKSHOP

The Power of Pause: Attention, Presence & Human Performance

Tarun Galagali, Chief Executive Officer & Founder, Mandala for Us
MENTAL HEALTH & WELLBEING



16:30-17:00

FIRESIDE

Culture as Infrastructure: Narratives That Shape Systems

Sara Maino Sozzani, Creative Director, Sozzani Foundation
Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures
Powered by Technogym
MEDIA, CULTURE & LEISURE



17:00-18:00

PANEL

The New Workforce Equation: Generations, Gender and the Future of Work

Patrizia Brognoli, Diversity and Inclusion Manager, Decathlon Italy
Paola Gerbaudo, Strategic Account Manager Health Systems IIG, Philips
Camilla Buttà, Sustainability & Communication Manager, Vector
Ruggero Rabaglia, HR Director Region Italy, Barilla Group
Dalila D'Ingeo, Cultural Anthropologist & Researcher, Valore D
Powered by Valore D
WORK, EDUCATION & EQUITY

21 MAY



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SKY 2





9:30 - 13:30
KEYNOTE & PANEL

Decoding The Biology Of Ageing

Chaired by **Guido Kroemer**

Keynote: **Guido Kroemer**, Professor; Director INSERM team, Gustave Roussy Comprehensive Cancer Center

New facets of aging

Rosario Rizzuto, Full Professor of General Pathology, University of Padua

Mitochondria and longevity

Daniel Andergassen, Group Leader, Technical University of Munich

Stability of the inactive X chromosome across the lifespan and its implications for sex-biased disease

Fabrizio d'Adda di Fagagna, Senior Scientist, IFOM, the AIRC Institute of Molecular Oncology, IGM-CNR

Telomere biology in aging and disease

Angelo Poletti, Full Professor, University of Milan

Autophagy as a defense mechanism against proteotoxicity in motor neuron disease

Marco Sandri, Full Professor of Cell Biology, University of Padua

Autophagy regulation by the gene Myh9

Valerio Orlando, Professor of Bioscience, King Abdullah University of Science and Technology KAUST

New but old RNAs at the crossroad between healthspan, aging and disease

Weixu Wang, Researcher, Helmholtz Center, Munich

Transcriptome-based human universal senescence index

Andrea Cossarizza, Full Professor of Pathology, University of Modena and Reggio Emilia

Markers of immune senescence

Keynote by **Uri Alon**, Professor of Molecular Cell Biology; Director Sagol Institute for Longevity Research, Weizmann Institute of Science

Heritability of lifespan is higher than we thought

Heritability of lifespan is higher than we thought

Panel discussion

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:30-16:15
PANEL

Brain Health And Ageing: From Risk To Resilience

Chaired by **Daniela Perani**, Vita-Salute San Raffaele University

Co-Chaired by **Massimo Filippi**, Vita-Salute San Raffaele University

Giovanni Frisoni, Professor of Neuroscience; Director Geneva Memory Center, University of Geneva

Cognitive trajectories in healthy and pathological aging

Gael Chetelat, Research Director, INSERM, Caen

Optimizing brain aging: reducing risk, strengthening resilience

Emrah Duezel, Professor of Cognitive Neurology, Otto-von-Guericke University

Alzheimer's detection in individuals who feel healthy

Stefano Cappa, Professor of Neurology, IRCCS Istituto Auxologico Italiano

The multiple facets of memory decline

Federica Agosta, Associate Professor, Vita-Salute San Raffaele University

SCIENCE & RESEARCH



16:15-18:00
PANEL

The Immune System Across the Lifespan: Decline, Adaptation, And Longevity

Chaired by **Alberto Beretta**, Scientific Director, SoLongevity Foundation

Sunil Ahuja, Professor of Medicine, University of Texas at San Antonio

Immune resilience as a key driver of healthspan

Gordan Lauc, Professor of Biochemistry University of Zagreb, CEO Glycanage

Glycan biomarkers as a tool to monitor and improve resilience

Mario Clerici, Full Professor of Immunology, University of Milan

Aging of the immune system and sarcopenia

Alejandro Lucia, Professor, European University of Madrid

Physical exercise and anti-cancer immunity

Alessio Lanna, Group Leader, University College London

Unprecedented systemic rejuvenation by the immune system

SCIENCE & RESEARCH

21 MAY



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AQUA 1



21 MAY



9:30 - 11:00
PANEL

Metabolic Therapies And Longevity: Beyond Disease Management

Chaired by **Paolo Fiorina**, Full Professor; Director International Center for T1D, University of Milan

Co-Chair: **Maria Pia Abbraccio**, Professor of Precision Pharmacology, University of Milan

Roberto Trevisan, Professor of Endocrinology, Bicocca University

Sglt2 inhibitors

Angelo Avogaro, Full Professor of Endocrinology, University of Padua

GLP-1R agonists

Francesco Giorgino, Full Professor of Endocrinology, University of Bari

Dual GLP-1R/GIP-R agonists

Giuseppe Musumeci, Director of Cardiology, Ordine Mauriziano Hospital

Cardiovascular outcomes

Paolo Fiorina, University of Milan

Anti-inflammatory effects of GLP-1R agonists

Summing up: **Paolo Fiorina & Maria Pia Abbraccio**

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:30 - 16:30
PANEL

Cardiopulmonary Health: A Lifespan Perspective

Chaired by **Stefano Carugo**, University of Milan

Peter Lansberg, Researcher, University Medical Center

Early detection of genetically determined cardiovascular risk

Ivan Pećin, Associate Professor, University of Zagreb

Dyslipidemias and longevity

Arrigo Cicero, Associate Professor; President SINut, University of Bologna

Emerging cardiovascular risk factors impacting on longevity

Francesco Blasi, Full Professor of Respiratory Medicine, University of Milan

The aging lung: microenvironment, mechanisms, and diseases

SCIENCE & RESEARCH



16:30-18:00
PANEL

Skin Ageing: Biology, Biomarkers And Innovations

Chaired by **Giovanni Pellacani**, University La Sapienza

Stefania Guida, Researcher, Vita-Salute San Raffaele University

Genetic markers of skin aging

David Furman, Director, Stanford 1000 Immunomes Project, Buck Institute for Research on

Aging

Epigenetic markers of skin aging

Iria Medrano Martinez, Researcher, University Carlos III de Madrid

Towards constructing a physiologically stratified skin model for deciphering aging and

rejuvenation

Roberto Sitia, Professor of Molecular Biology, Vita - Salute San Raffaele University

Biology of aquaporins

SCIENCE & RESEARCH

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AQUA 2

BACK

THE INNOVATION DISTRICT

A space dedicated to emerging ideas, breakthrough startups, live challenges, workshops, conversations, and collaborative formats designed to connect innovation with real-world systems transformation.

From pitch competitions and industry showcases to hands-on workshops and cross-sector dialogues, the Innovation Arena highlights the people, technologies, and solutions shaping the future of health, finance, food, AI, and society.



9:30-10:30 INNOVATION STAGE INDUSTRY PANEL

A cross-sector conversation exploring how innovation, investment, and emerging technologies are reshaping the systems that support health, resilience, and quality of life over time.

Powered by Virgin



10:30-11:30 INNOVATION STAGE THE WELLBEING GENERATION CHALLENGE LAUNCH

Launch of the innovation challenge exploring "The Invisible Cost of Longevity" powered by Startupboot Camp and Feat inviting startups, innovators, and multidisciplinary teams to rethink the future of financial resilience and long-term wellbeing.

Powered by Fineco, STB & Feat



11:30-17:30 FINECO SPACE INNOVATION CHALLENGE: THE WELLBEING GENERATION

A collaborative innovation sprint bringing together startups, experts, and ecosystem partners to develop new ideas and practical solutions at the intersection of finance, longevity, and future sustainability.

Powered by Fineco, SBC & Feat



14:30-17:30 INNOVATION ARENA STARTUP PITCH COMPETITION - DAY 2

The second round of startup pitches continues with founders presenting scalable solutions addressing the future of health, food, climate resilience, technology, and consumer wellbeing.

21 MAY



INNOVATION

[BACK](#)



22

MAY

Scaling & Infrastructure



Allianz MiCo

22 MAY



10:00 - 11:00
VISION/PANEL

Financing Planetary Health at Scale

Alessandra Gelera, President, Cluster Nazionale Scienze della Vita ALISEI

Alessandro Monticelli, Founder & Chief Executive Officer, Green Independence

Viktorii Savitska, Chief Global Affairs Officer, Epicentr Group of Companies

Moderated by **Johan Jörgensen**, Partner, Sweden Foodtech

Powered by **Fineco**

PLANETARY HEALTH



11:00-12:00
CONVERSATION

Who Is Funding the Circular Transition and Is It Enough?

Byron Peasland, Chief Operations Officer, Green Future Project

Nicola Tagliaferro, Scientific Director, European Institute for Innovation and Sustainability, EIS

Moderated by **Peter Kruger**, Venture Partner, Big Idea Ventures

Powered by **Fineco**

BIOECONOMY & CIRCULARITY



12:00-13:00
PANEL

Capital for Deep Tech: Investing in Systems Innovation

Diana Saraceni, Co-founder & General Partner, Panakès Partners

Sergio Strozzi, Diplomat, Ministry of Foreign Affairs and International Cooperation

Peter Kruger, Venture Partner, Big Idea Ventures

Alessandro Lattuada, Managing Director, Otsuka Pharmaceutical Italy & IAG Member

Moderated by **Guido Cornettone**, Chief Executive Officer Solongevity

Powered by **Fineco**

TECHNOLOGY, DATA & AI



13:00-14:30
NETWORKING LUNCH



14:30-15:15
CONVERSATION

Rethinking Healthspan: Science, Prevention & Systemic Change

Lars Hartenstein, Executive Director of Healthy Longevity, McKinsey Health Institute

Martin Bloem, Professor, Johns Hopkins University, Sr. Advisor Kerry and Nestle

Moderated by **Desmond OBrien**, Partner, True Search

ONE HEALTH



15:30-16:30
VISION TALK/FIRESIDE CHAT

Foresight for Systemic Resilience: Reimagining Our Collective Future

Sally Uren, Executive Director and Chief Acceleration Officer, Forum for the Future

Presented by **Anja Leissner**, Chief Executive Officer, Spring

ONE HEALTH



16:30-17:30
VISION TALK/PANEL

Policy for Intergenerational Cohesion: Health, Equity & Social

Contracts

Opening by **Angeli Pateli**, Executive Director, Berkley Center for Law and Business

Valerie Schena Ehrenberger, Vice President Assoconsult & President European Confederation of Search and Selection Associations (ECSSA)

Silvia Pugi, Board Member & Deputy Secretary General, CEC European Managers

WORK, EDUCATION & EQUITY



17:30-18:30
PANEL

Organizational Longevity: Building the Future

Marco Ballaré, President, Manageritalia

Massimo Fiaschi, General Secretary, Manageritalia

Stefano Castrignanò, President, Osservatorio Italian Welfare

Antonio Bonardo, Chief Public Affairs Officer, Gi Group

Powered by **Manageritalia**

WORK, EDUCATION & EQUITY

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SKY 1

BACK



10:00-11:00
CONVERSATION

Infrastructure for Interoperability: Building Digital Backbones for One Health Systems

Gaia Bradicich, Senior Director Strategy, Planning and Operations EMEA, Cisco
Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures
Powered by Centro Diagnostico Italiano CDI
TECHNOLOGY, DATA & AI



11:00-12:00
PANEL

Regenerative Agriculture at Scale: Business Models and Market Reality

Dan Kittredge, Founder & Executive Director, Bionutrient Institute
Christine Gould, Chief Executive Officer, GIGA Futures
Erin Grover, Regenerative VC Expert, Triple Eight Capital
Hirander Misra, Chairman & Chief Executive Officer, ZERO13
Moderated by **Antonio Iannone**, The FoodCons
Powered by Edible Planet Ventures
AGRICULTURE, FOOD & NUTRITION



12:00-13:00
PANEL

Foods and Ingredients of Tomorrow

Ali Morrow, Partner, Clay Capital
Christina Senn-Jacobsen, Chief Executive Officer, Swiss Food and Nutrition Valley
Nadav Berger, Founding Partner, PeakBridge
Ninna Granucci, Chief Executive Officer, Green Spot Technologies
Moderated by **Antonella di Leo**, Publisher, Wise
Powered by Named
AGRICULTURE, FOOD & NUTRITION



13:00-14:30
NETWORKING LUNCH



14:30-15:30
VISION TALK

Durability by Design: The Future of Sustainable Fashion

Marina Spadafora, Owner, Marina Spadafora
Caterina Occhio, Responsible supply chain advisor, Caterina Occhio Consulting
Matteo Ward, Chief Executive Officer of Inside Out Fashion, Textiles & Home
Hakan Karaosman, Associate Professor, Politecnico di Milano
Presented by **Antonella di Leo**, Publisher, Wise
Powered by Marina Spadafora
BIOECONOMY & CIRCULARITY



15:30-16:30
VISION TALK

People-Powered Circularity: Behavior, Story & Scale

Nicola Tagliafierro, Scientific Director, European Institute for Innovation and Sustainability, EIS
Jacopo Mele, Chief Executive Officer Moonstone
Jessica Sagratella, Copy & Branding Consultant
Paolo Dello Vicario, Co-founder, Datrix
Powered by Mott Studios
BIOECONOMY & CIRCULARITY



16:30-17:30
VISION TALK

From Code to Cure: AI's Expanding Role in Life Sciences

Marco Ali, Research Operations Manager, Centro Diagnostico Italiano-CDI
Dr. Harvey Castro, Chief AI Officer, Phantom Space Corporation
Daniele Pili, Chief Executive Officer & Founder, React
HEALTH & LIFE SCIENCES



17:30-18:30
VISION TALK

Platforms for Prevention: Subscriptions, Nudges & Data

Alessandro Ferri, Board Member and Scientific Director, Advice Pharma Group
Martina Pace, Partner, Chief Operations Officer & Head of Impact, Peakbridge
Brian Mehling, Founder & Chief Marketing Officer, Blue Horizon International
CONSUMER INNOVATION & WELLNESS

22 MAY



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AQUA 3+4





10:00-10:45

PANEL

The Exposome Project

G r me Guiot, Strategic projects Director, LVMH

Tina Woods, Founder & Chief Executive Officer Collider Health, Executive Director International Institute of Longevity

Nic Palmarini, Director, UK National Innovation Centre for Ageing

David Furman, Associate Professor and Director, Buck Institute for Research on Aging, Stanford

Joanna Bensch, Founder & Chief Executive Officer, Longevity Center

Antonio Forenza, Founder and CEO, AWEAR

Powered by Virgin

MEDIA, CULTURE & LEISURE

22 MAY



10:45-11:30

PANEL

Work & Burnout: Redesigning Organizational Resilience

Chiara Bacilleri, Marketing, Communications & Innovation Director, Mindwork

Francesco Finazzi, Chief Executive Officer, Myndoor

Tiziana Mele, Managing Director, Lundbeck Italia

Mattia Sciutti, Leadership & Team Effectiveness Manager Gruppo Nestl  in Italia.

Moderated by **Carola Salvato**, Founder & Chief Executive Officer Kea Connecta

WORK, EDUCATION & EQUITY

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11:30-12:15

FIRESIDE CHAT

Wellness Tourism & Regenerative Travel

Jean-Yves Minet, Global Brand President, Midscale & Economy Brands, Accor

Moderated by **Anja Leissner**, Chief Executive Officer, Spring

Powered by The Longevity Suite

MEDIA, CULTURE & LEISURE

M



12:15 - 13:15

VISION TALK

The Science of Self-Care: From Hype to Health

Roberta Cialesi, Research Director, Italian National Institute of Statistics (ISTAT)

Annabella Amatulli, Head of Regulatory, Enterprise Therapeutics

Alessandro Portolan, Scientific Knowledge Director, Unifarco

Moderated by **Felice Lopane**, Managing Director, Cluster BION

Powered by Linfit

CONSUMER INNOVATION & WELLNESS

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13:15-14:30

NETWORKING LUNCH



14:30-15:30

PANEL

The Loneliness Epidemic: Belonging, Community and Mental Health in the Digital World

Ulrike Dobelstein-L the, Managing Director, F rstenberg Foundation

Maddalena Illario, Chair, Reference Site Collaborative Network RSCN

Tiziana Mele, Managing Director, Lundbeck Italia

Moderated by **Carmen Chamorro**, Founder, Analog Experiences

Your Attention Please Documentary introduced by **Giorgio Secli**, City Leader, Offline Club Milan

Powered by Centro Diagnostico Italiano CDI

MENTAL HEALTH & WELLBEING

I



15:30-16:15

CURATED CHAT

Creativity as Infrastructure for System Change

Adama Sanneh, Co-founder & Chief Executive Officer, Moleskine Foundation

Moderated by **Sharon Cittone**, Chief Executive Officer, Edible Planet Ventures

Powered by Lunbeck

MEDIA, CULTURE & LEISURE

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16:30-17:30

PANEL

The VOICE of Longevity: Awareness, Language, and Relationships in the One Health Era

Henk Barendregt, Emeritus Professor, Radboud University

Giuseppe Reale, President and Co-Managing Director, Fondazione Rebecca

Stefano Simontacchi, Partner, BonelliErede and The Prism

Prof. Guendalina Graffigna, Full Professor, EngageMinds Research Center, Universit  Cattolica del Sacro Cuore

Prof. Sonia Melchiorre, President of CUG UNITUS and Associate Professor University of Tuscia

Prof. **Luigi Maximilian Caligiuri**, Director, Foundation of Physics Research Center - FoPRC

Moderated by **Carola Salvato**, Founder & Chief Executive Officer, Kea Connecta

MEDIA, CULTURE & LEISURE

V



17:30-18:30

PANEL

Platforms for Learning & Purpose Across the Lifespan

Giuseppe Mayer, Chief Executive Officer, Talent Garden

Sabina Belli, Chief Executive Officer, Pomellato Group

Alessandra Giordano, Employability Director, INTOO

Moderated by: **Alessandra Bichi**, Thought Leadership & Engagement, Milan Longevity Summit

Powered by MD Concierge

WORK, EDUCATION & EQUITY

SKY 2



22 MAY



9:30 - 12:45
PANEL

iPSCS IN Ageing And Disease: From Models To Molecule

Chaired by **Vittorio Sebastiano**, Associate Professor at Stanford University
Co-Chaired by **Tiziana Borsello**, Associate Professor, University of Milan
Keynote by **Thomas Südhof**, Professor and Nobel Laureate, Stanford University
How to use iPSCs to model aging, diseases, and neural plasticity
Mark Kotter, Associate Professor, University of Cambridge
Age clocks today
Rusty Gage, Professor, Salk Institute for Biological Studies
Aging of neurons and iPSC derived neurons/transdifferentiation
Hiro Nakauchi, Professor, Stanford University
Organs from hiPSCs
Gianvito Martino, Professor, Vita-Salute San Raffaele University
Neuronal stem cells in neurodegenerative disorders
SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:00-16:00
PANEL

Targeting Ageing: Emerging Therapeutic Strategies

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan
Co-Chaired by **Paola Panina**, Vita-Salute San Raffaele University
Maria Pia Abbracchio, Professor, University of Milan
Drug repurposing today
Rossella Nappi, Professor, University of Pavia
Hormonal replacement therapies in women
Marco Quarta, CSO and Founder, Rubedo Lifesciences
Senolytics: an update
Paola Panina, Professor, Vita-Salute San Raffaele University
Pipeline-driven identification of drug candidate for neuroprotection
Maddalena Adorno, CEO & Co-Founder, Dorian Therapeutics
Modulation of an epigenetic regulator for the treatment of age-related diseases
SCIENCE & RESEARCH



16:30-18:00
PANEL

Building Europe's Biomedical Research Infrastructure

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan
Co-Chaired by **Massimo Florio**, Professor, University of Milan, Italy, **Adriana Maggi**, Professor, University of Milan
Els Torreale, Steering Committee Member, Public Pharma for Europe Coalition
Giuseppe Remuzzi, Director, Mario Negri Institute for Pharmacological Research
Jacques Demotes, Director General, European Clinical Research Infrastructure Network
Massimo Florio, Professor, University of Milan
Summing Up: **Adriana Maggi**, Professor, University of Milan and **Massimo Florio**, Professor, University of Milan
SCIENCE & RESEARCH

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AQUA 1

BACK



11:00 - 12:00
PANEL

Exercise And Longevity: Optimizing Health Across The Lifespan

Chaired by **Francesco Landi**, Professor, Gemelli University Hospital
Silvano Zanuso, Director of Medical Strategy and Research, Wellness Foundation and Edith Cowan University
Marginal Gains Vs Longevity Pillars
Riccardo Calvani, Researcher, Catholic University of the Sacred Heart
Sarcopenia and healthy aging: capturing what counts in muscle failure
Matteo Tosato, Medical Director, Gemelli University Hospital
Emerging targets for treatment of sarcopenia
 SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



13:45-15:45
PANEL

Regenerative Medicine: Translating Science Into Care

Chaired by **Eugenio Caradonna**, Senior Scientific advisor, CDI Centro Diagnostico Italiano
Giulio Pompilio, Scientific Director, Monzino Cardiology Institute
Human iPSC-derived cardiac stromal cells cardiac-derived mesenchymal cells for unmet cardiovascular needs
Giorgio Calori, Professor, Columbus Clinical Institute
Treatment algorithm: tailoring the approach to the patient at risk in orthotraumatology
Laura Mangiavini, Associate Professor, IRCCS Galeazzi
Mesenchymal stem cells in knee osteoarthritis
Fulvio Ferrara, Director of Laboratory Medicine, IRCCS Auxologico
Blood markers of stem cells exhaustion
Sarassunta Ucci, Professor, University of Sannio
Photobiomodulation: mechanisms, targets and therapeutic synergies
Carlo Tremolada, Plastic Surgeon & Founder, Image Regenerative Clinic
Microfragmented human fat tissue for large scale production
 SCIENCE & RESEARCH



15:45-16:45
PANEL

The Gender Gap In Longevity: Science, Society And The Future Of Health

Chaired by **Antonella Santucci Chadha**, CEO, Women's Brain Foundation
Anna Erat, Physician and Longevity Expert, Hirslanden Clinic
Lars Hartenstein, Director of Healthy Longevity, McKinsey Health Institute
Roberta Gualtierotti, Associate Professor, University of Milan
Jan Schadrack, Global Development Leader, Roche
Letizia Mencarini, Professor, Bocconi University
Diana Saraceni, Co-Founder & General Partner, Panakès Partners
 SCIENCE & RESEARCH



16:45-19:00
PANEL

Emerging Technologies Shaping Longevity

Chaired by **Marta Fumagalli**, Associate Professor, University of Milan
Matteo Carboneschi, CEO & Founder, Personalife, Italy
Estrogens in menopause: from the genome to the metabolome
Livio Luzi, Professor, IRCCS Multimedica and University of Milan
Neuromodulation to treat obesity and diabetes
Paolo Capodaglio, Professor, University of Milan and IRCCS Auxologico
New evidences in the clinical use of Whole-Body Cryostimulation
Ennio Tasciotti, Professor & Director, IRCCS San Raffaele
Biomimetic nanomaterials to guide body healing
Dora Lalic, Clinical Scientist, Glycanage
Glycans as biomarkers for personalized health tracking
Lucy Costantino, Geneticist, Centro Diagnostico Italiano CDI
Epigenetic Regulation of Aging
Valeria Ricotti, Co-Founder & CMO, Vesalic Ltd
Redefining ALS and neurodegenerative diseases: from system biology to transformative therapeutics
Elisabetta Burchi, Medical Director, Parasym Ltd
Autonomic regulation through a neuromodulatory approach to improve overall resilience
Andrea Castagnetti, CEO & Co-Founder, Wellmicro
Artificial intelligence and the microbiome: emerging frontiers in longevity medicine
 SCIENCE & RESEARCH

22 MAY



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AQUA2



BACK

THE INNOVATION DISTRICT

A space dedicated to emerging ideas, breakthrough startups, live challenges, workshops, conversations, and collaborative formats designed to connect innovation with real-world systems transformation.

From pitch competitions and industry showcases to hands-on workshops and cross-sector dialogues, the Innovation Arena highlights the people, technologies, and solutions shaping the future of health, finance, food, AI, and society.



10:30-11:30 INNOVATION STAGE FINANCIAL LITERACY & LONG-TERM RESILIENCE WORKSHOP

The Future Is Changing: Strategies to Manage Your Wealth at Every Stage of Life

An interactive workshop exploring how financial education, planning tools, and long-term decision-making can support resilience across different stages of life.

Roberto Fuccaro, Business Trainer, Fineco Bank

Powered by Fineco



12:00-13:00 INDUSTRY PANEL

Italian Longevity: From Data to Translational Approaches and Clinical Strategies

Ennio Tasciotti, Director Human Longevity Program, IRCCS San Raffaele, Roma

Giovanni Scapagnini, Professore Ordinario di Nutrizione Clinica, Università degli Studi del Molise

Camilla Ferrario, Autrice e content creator, Will Media (Be Content)

Francesco Cianfanelli, Consulente senior, Marketing politico e strategie di comunicazione, Youtrend

Powered by Named



14:00 - 15:00 STARTUPBOOTCAMP x FEAT CHALLENGE RESULTS & SHOWCASE

Presentation of the final concepts and solutions developed during the innovation challenge, followed by jury feedback and closing reflections.

Powered by Fineco, SBC & Feat



15:00-17:30 INNOVATION ARENA STARTUP PITCH COMPETITION FINALS

Finalists from across the competition present their solutions live before a jury of investors, partners, and industry leaders.

22 MAY



INNOVATION

BACK



23

MAY

Futures & Cultural Adoption



Allianz MiCo

11:00 - 15:30

Youth Takeover

On the final day of the Milan Longevity Summit, the stage shifts.

Not as a symbolic gesture, but as a deliberate transition of voice, perspective, and responsibility.

Youth Takeover is where the next generation steps forward, not as future leaders, but as present system shapers. A space where young founders, researchers, creators, and changemakers bring forward new ways of thinking about health, society, and the planet. Not constrained by legacy models, but informed by urgency, creativity, and lived experience.

Across sessions, dialogues, and open exchanges, this is a moment to challenge assumptions, reframe priorities, and ask different questions:

What does it mean to design systems for a 100-year life?

What kind of world are we building, and who is it truly built for?

What are we not seeing because we are too close to the way things have always been done?

From food systems to mental health, from education to technology, Youth Takeover connects ideas with action, bridging generations in a conversation that is as much about listening as it is about leading.

**Because the future is not something to prepare them for.
It is something they are already building.**

Stay tuned for the full youth takeover program

23 May



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SKY 1

[BACK](#)

Brain Capital Event

Longevity by Design: Building Community-Based Brain Capital

23 May



09.00 – 09.15

Welcome & Opening

Chaired by **Paola Zarin**, Scientific Director, Associazione Italiana Sclerosi Multipla – Fondazione Italiana Sclerosi Multipla

Paweł Świeboda, Fondatore, NeuroCentury; Co-founder, Brain Capital Alliance



09.15 – 09.40

Keynote Intervention

Unlocking Impact: WHO's 2025 Global Status Report on Neurology

A Global Call to Strengthen Neurological Care for All

Abdefatah Ibrahim, President, OneNeurology Initiative

Chair **Paola Zarin**, Scientific Director, Associazione Italiana Sclerosi Multipla – Fondazione Italiana Sclerosi Multipla

Q&A



09.40 – 10.20

Inspirational Lecture

Maintaining Exceptional Memory Function into Your Eighties: The Secrets of Superaging

Bryan Strange, Director, Laboratory for Clinical Neuroscience, Polytechnic University of Madrid

Chair: **Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance

Q&A



10.20 – 11.00

Inspirational Lecture

From Abundance of Data to Actionable Insights in Prevention and Early Diagnosis

Ira Haraldsen, Lead, Cognitive Health Research Group, Oslo University Hospital

Chaired by **Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance

Q&A



11.00 – 11.30

Coffee Break & Artistic Installation

"PortrAlts" – an installation on the invisible symptoms of multiple sclerosis



11.30 – 12.30

Panel Discussion

Citizens, Patients, Innovators and Communities as Co-Creators of the Prevention and Longevity Agenda

Kristin Schneeman, Senior Director, FasterCures

Caroline Montojo, President & CEO, Dana Foundation

Orla Galvin, Executive Director, European Federation of Neurological Associations

Marco Mohwinkel, President, Tech Tour Mental & Brain Health Programme

Sylvain Piquet, CEO, Five Lives

Chair **Paola Zarin**, Scientific Director Associazione Italiana Sclerosi Multipla – Fondazione Italiana Sclerosi Multipla and **Paweł Świeboda**, Founder, NeuroCentury; Co-founder, Brain Capital Alliance

Q&A



12.30 – 13.30

Panel Discussion

Towards a Global Plan of Action on Brain Capital and Longevity

Kristin Schneeman, Senior Director, FasterCures

Caroline Montojo, Presidente e CEO, Dana Foundation

Orla Galvin, Executive Director, European Federation of Neurological Associations

Frédéric Destrebecq, Executive Director, European Brain Council

Mario Battaglia, CEO dell'Associazione Italiana Sclerosi Multipla; Presidente della Federazione Internazionale della Sclerosi Multipla

Ira Haraldsen, Lead, Cognitive Health Research Group, Oslo University Hospital

Bryan Strange, Direttore, Laboratory for Clinical Neuroscience, Polytechnic University of Madrid

Chair: **Paola Zarin**, Direttrice della Ricerca Scientifica, Associazione Italiana Sclerosi Multipla – Fondazione Italiana Sclerosi Multipla e **Paweł Świeboda**, Fondatore, NeuroCentury; Co-Fondatore, Brain Capital Alliance



13:30-14:30

NETWORKING LUNCH

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SKY 2

BACK



9:30 - 12:00
PANEL

Nutrition And Nutraceuticals For Healthy Aging

Chaired by **Hellas Cena**, Professor, University of Pavia

Co-Chaired by **Paola Minghetti**, Professor, University of Milan

Hans Konrad Biesalski, Professor, University of Hohenheim

Is longevity part of human evolution?

Maria Rescigno, Professor, Humanitas University and IRCCS Humanitas

Intestinal barrier permeability, the microbiota and aging

Patrizia Riso, Professor, University of Milan

Animal proteins vs. plant proteins and their contribution to dietary patterns in the context of healthy aging

Pier Giorgio Natali, Scientific Coordinator, Mediterranean Task Force for Cancer Control

Biofortified functional foods in chronic diseases of aging

Johanna Gorol, Researcher, Frankfurt Cancer Institute

Enhancing immune cell health through urolithin A-induced mitophagy

Giovanni Fiorito, Researcher, IRCCS Gaslini

Caloric restriction and biological aging: mechanisms, reversibility and multi-omic insights

SCIENCE & RESEARCH

23 May



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12:00-12:45
KEYNOTE

The Healthspan Revolution: How Ai And Predictive Diagnostics Can Prevent People From Becoming Patients

Keynote: **Camillo Ricordi**, Professor & Director, University of Miami Diabetes Research Institute

SCIENCE & RESEARCH



13:00-13:45
PANEL

Lessons From The World Of Longevity Science

Alberto Beretta, Scientific Director, SoLongevity

Filippo Ongaro, Founder & CEO, Ongaro Coaching

Emanuela Notari, Strategic Advisor & Founder, Longevity Economy

SCIENCE & RESEARCH



14:00-16:00
PANEL

Longevity Clinics: Global Models Of Preventive Medicine

Session 1 Chaired by **Tina Woods**, CEO, International Institute of Longevity

William Capp, CEO, Fountain Life

Joanna Bensch, CEO & Founder, Longevity Center, Switzerland

Javier Ramirez, Founder, Longevity Ecosystem

Session 2 Chaired by **Alessia Catania**, Neurologist, Besta Neurologic Institute

George Gaitanos, Chief Operating & Scientific Officer, Chenot Group

Alberto Cerasari, Clinical Director, SoLongevity

Massimo Gualerzi, Co-Founder & Scientific Director, The Longevity Suite

David Della Morte Canosci, Professor, University Hospital Policlinico Tor Vergata

SCIENCE & RESEARCH

AQUA 1



23 May



9:30 - 11:00
PANEL

Longevity Begins Early: Shaping Lifelong Health

Chaired by **Giuseppe Banderali**, Professor & Director, San Paolo and Carlo Hospitals

Monica Miozzo, Professor, University of Milan

Prenatal and natal tests: for better life outcome

Giuseppe Banderali, Professor & Director, San Paolo and Carlo Hospitals

Importance of pediatric epigenetic aspects: genes are not your destiny

Chiara Bertolaso, Pediatrician, San Paolo Hospital

How can pediatric global health impact longevity?

SCIENCE & RESEARCH



11:00-13:00
PANEL

The Rise Of Longevity Medicine: The Physician's Role

Chaired by **Anna Erat**, Medical Director & Lecturer, University of St. Gallen

Filippo Ongaro, Founder & CEO, Ongaro Coaching

Nirusha Kumaran, Founder & Medical Director, Elemental Health

Mayoni Gooneratne, Founder, Human Health

Antonella Santucci Chadha, CEO, Women's Brain Foundation

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:00-16:00
VISION TALK/Q&A

Ai And The Future Of Longevity Science And Medicine

Chaired by **Isabella Castiglioni**, Professor, Bicocca University

Co-Chaired by **Maria Pia Abbraccio**, Professor, University of Milan

Ernesto Damiani, Professor, University of Milan

LLM (Large Language Model) stratification for therapeutic efficacy in age-related diseases

Mirella Mastretti, Founder, T4R Fondazione Triulza

Trusting AI with human longevity: beyond data, towards responsibility

Marco Ai, Head of Digital Health & AI, Italian Diagnostic Center CDI

Transforming longevity medicine through large language models

Keynote: **Simone Bianco**, Founding PI and Vice President, Altos Labs

From molecules to virtual cells: the AI-driven future of longevity

SCIENCE & RESEARCH

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AQUA 3+4

← **BACK**

THE INNOVATION DISTRICT

A space dedicated to emerging ideas, breakthrough startups, live challenges, workshops, conversations, and collaborative formats designed to connect innovation with real-world systems transformation.

From pitch competitions and industry showcases to hands-on workshops and cross-sector dialogues, the Innovation Arena highlights the people, technologies, and solutions shaping the future of health, finance, food, AI, and society.

23 MAY



10:30-11:30 INNOVATION STAGE FINANCIAL LITERACY & LONG-TERM RESILIENCE WORKSHOP

The Future Is Changing: Strategies to Manage Your Wealth at Every Stage of Life

An interactive workshop exploring how financial education, planning tools, and long-term decision-making can support resilience across different stages of life.

Roberto Fuccaro, Business Trainer, Fineco Bank

Powered by Fineco



11:30-12:30 INNOVATION STAGE

The Foundation of Longevity: Internal Regulation and Systemic Health Beyond Aesthetics

Claudia Viaggi, Founder Linfit®

Michele Bonaccorso MD, Studio Bonaccorso

Sacha Sorrentino, Nutritionist, Villabrasini Beautyclinic

Moderated by **Nicola Marino**, Director AEON Foundation

A Systemic Approach to Longevity: Movement, Lymph and Tissues as the Foundation for Every Effective Stimulus

Claudia Viaggi, Founder Linfit®

Giuseppina Masitto MD, Linfit®

Nino Favoriti MD, Natural Face Clinic

Moderated by **Nicola Marino**, Director AEON Foundation

Powered By Linfit



13:00-14:00 INNOVATION ARENA STUDENTS FOR THE FUTURE

Finalists from across the Longevitas Foundation competition present their solutions live

Powered by Fondazione Longevitas



14:00 - 15:00 INNOVATION STAGE INDUSTRY PANEL

From Daily Rituals to Life-Long Wellness

Ennio Tasciotti, Director, Human Longevity Program, IRCCS San Raffaele, Rome; Professor of Medicine of Aging, Università San Raffaele, Roma

Piero Barbanti, Director, Headache and Pain Unit, IRCCS San Raffaele; Full Professor of Neurology, San Raffaele University

Gianluca Valsesia, Chief Commercial Officer, Gessi S.p.A.

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INNOVATION

BACK

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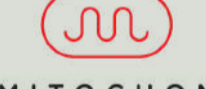
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