



20-23 MAY, 2026

**Bold Ideas. Big Systems.
One Health**



About the Summit

Welcome to Milan Longevity Summit 2026 at Allianz MiCo.

The Milan Longevity Summit 2026 is a global platform exploring how the systems that shape our lives, health, science, food, technology, finance, cities, education, and culture, can evolve to support healthier, more resilient futures.

Over four days, the Summit brings together scientists, institutions, policymakers, entrepreneurs, investors, creatives, and industry leaders for cross-sector dialogue, collaboration, and systems thinking.

Built around the vision of One Health, the programme explores the interconnected relationship between human health, planetary wellbeing, and economic resilience. Across four stages and twelve interconnected sectors, the Summit examines how innovation, governance, research, infrastructure, and culture can contribute to long-term wellbeing and societal resilience.

From longevity science and preventive medicine to regenerative economies, AI, food systems, mental health, urban design, and the future of work, the Milan Longevity Summit is designed to connect disciplines, industries, and perspectives through a shared conversation about the future of life on this planet.

Because longevity is not only about living longer.

It is about designing systems capable of sustaining life, for people, society, and the planet, over time.

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The Summit at a Glance

4 DAYS

Understanding today's systems and imagining what comes next

4 STAGES

LONGEVITY · PROSPERITY · VITALITY · HUMANITY

12 SECTORS

Health & Life Sciences · Agrifood · Tech & AI · Infrastructure & Cities · Economy · Media, Culture & Leisure · Education, Work & Learning · Circularity & Bioeconomy · Planetary Health · Consumer Innovation · Retail · Mental Health & Wellbeing

300+ SPEAKERS

Science · Policy · Industry · Economy · Creativity

ONE HEALTH

Connecting human, planetary, and societal wellbeing

BUSINESS MATCHING

Curated meetings and cross-sector collaboration

INNOVATION EXPO

Startups, technologies, and emerging solutions

CITY-WIDE ACTIVATIONS

Experiences and events across Milan

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The Venue & Experience

The Summit takes place across multiple stages, networking areas, and activation spaces designed to encourage movement, discovery, and connection throughout the venue.

Use the map to navigate:

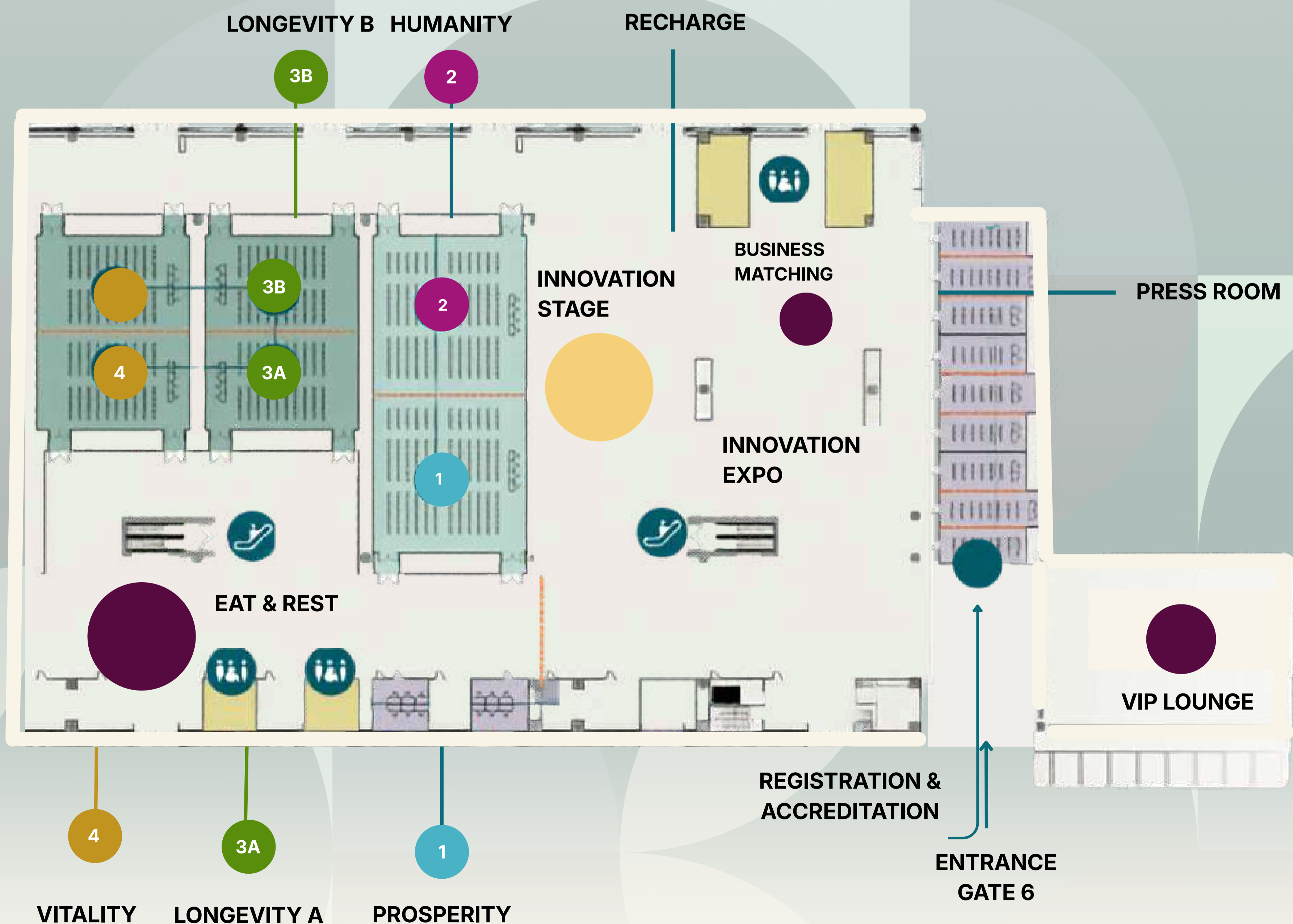
- Our stages
- Registration & accreditation
- Innovation Expo
- Business Matching Area
- VIP Lounge
- Networking & food area
- Partner activations
- Media & press
- Restrooms and venue services

There is no single path through the Summit.

Move across stages, follow connections, and build your own journey through the conversations shaping the future of health, society, and long-term resilience.

For the latest programme updates and live information, scan the QR code or visit:

milanlongevitysummit.org





A Heartfelt Thank You

The Milan Longevity Summit exists thanks to an extraordinary community of people who believe in the possibility of building healthier and more resilient futures.

Our deepest gratitude goes to our Scientific Committee, speakers, partners, institutions, advisors, moderators, volunteers, and team members whose expertise, generosity, and dedication made this Summit possible.

Most importantly, thank you to everyone joining us in Milan. We hope these days spark new ideas, meaningful connections, and collaborations that continue long after the Summit ends.

With gratitude,
The Milan Longevity Summit Team

Scientific Committee

The Scientific Committee supports the scientific direction of the Milan Longevity Summit, helping shape a programme grounded in rigorous research, clinical relevance, and interdisciplinary dialogue.

Its members bring expertise across longevity science, medicine, neuroscience, prevention, nutrition, and health research, contributing to conversations exploring the future of human health, ageing, and wellbeing.

Members

- Alberto Beretta, Chair
- Maria Pia Abbracchio, Co-Chair
- Nir Barzilai, Albert Einstein, New York, USA
- Juan Carlos Belmonte, Altos Lab, Los Angeles, USA
- Francesco Billari, Bocconi University, Milano, Italy
- Anna Erat, University of St Gallen Executive School, Switzerland
- Claudio Franceschi, University of Bologna, Italy
- Nicola Palmarini, National Institute of Ageing, Newcastle, UK
- Daniela Perani, Vita e Salute San Raffaele University, Milano, Italy
- Camillo Ricordi – Diabetes Research Institute, Miami, USA
- Antonella Santuccione Chadha, Women's Brain Foundation, Zurich, Switzerland
- Vittorio Sebastiano, University of California, Los Angeles, USA

THANK YOU

Our Team

Behind the Milan Longevity Summit is a multidisciplinary team working across strategy, science, partnerships, production, communications, design, operations, and community building, united by the ambition of creating a platform capable of connecting disciplines, industries, and perspectives through a shared conversation about the future of health and society.

Over the past months, this Summit has been built through countless conversations, collaborations, late nights, challenges, and moments of inspiration. What you will experience over these days is the result of an extraordinary collective effort driven by passion, curiosity, and care.

To every speaker, partner, institution, volunteer, collaborator, advisor, and member of the team: thank you for helping bring this vision to life.

And to everyone joining us in Milan, thank you for being part of this journey. We hope these days spark new connections, unexpected ideas, and conversations that continue long after the Summit ends.

With gratitude,
 Sharon Cittone
 On behalf of the Milan Longevity Summit Team



Sharon Cittone



Felipe Fontaneli



Adele Diana Tosti



Felice Lopane



Elisa Rapisarda



Marta Bocchicchio



Orietta Ferrero



Cristina Gagliardi



Marzia Fradusco



Lara Anna Stoinich



Alessandra Bichi

The Program

Four Days. Four Lenses. One System.

The Milan Longevity Summit 2026 is designed as a journey across systems.

Longevity is not only about living longer, it is the result of how well our systems function over time: health, food, cities, capital, technology, and society.

Over four days, the program moves from understanding today's challenges to shaping the systems of tomorrow:

Day 1: Orientation & Common Ground

Where we are, and why change is needed

Day 2: Redesigning Systems

New frameworks, incentives, and models

Day 3: Scaling the Systems

Infrastructure for real-world transformation

Day 4: The Future We Want

Long-term visions, values, and next generations

HOW TO NAVIGATE

Sessions are organized across four color-coded stages.

Follow one track, or move across them to build your own journey.



PROSPERITY

Policy, governance, economy and capital

Exploring the systems, incentives, and financial models shaping long-term resilience.



VITALITY

Innovation & market transformation

Startups, industry, and investment scaling solutions across interconnected sectors.



HUMANITY

People, culture and society

Mental health, education, creativity, and social systems, exploring how we live, work, and connect.



LONGEVITY

The foundations of health, science and research

Research, biology, and clinical insights shaping longevity and healthspan.
From discovery to real-world application.

BUILD YOUR PATH

There is no single way to experience the Summit.

Move across stages. Follow connections.

The most valuable insights happen at the intersections.

One Health is not one discipline; it's how everything works together.

Select your day and stage colour to jump straight to the program

DAY 1

DAY 2

DAY 3

DAY 4



THE

PROGRAM





20 MAY

**Orientation & Common Ground:
Understanding the System We Are Transforming**



Allianz MiCo



**9:30 - 10:50
OPENING**

The opening event featuring institutions, and special guests



**11:00-11:50
KEYNOTE & FIRESIDE**

The One Health Economy: A Global Diagnosis

John Fullerton, President, The Capital Institute
Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan
ECONOMY, FINANCE & INVESTMENTS



**12:00-13:15
FIRESIDE**

Financial Longevity for Future Sustainability

Financial Institutions: Designing for Lifetime Financial Resilience

Romualdo Guidi, Head of Product and Services, Fineco Bank
Chaired by **Alessandra Perrazzelli**, Scientific Director, Center for Digital Regulation Strategy, Politecnico University of Milan
Powered by Fineco
ECONOMY, FINANCE & INVESTMENTS

Public Systems & Policy: Rethinking Financial Security for Longer Lives

Paul Ladd, Sustainable Development and Population Division, United Nations Economic Commission for Europe UNECE
Chaired by **Pietro Munari**, Chairman, Italian Association Investor Relations
ECONOMY, FINANCE & INVESTMENTS



**13:15-14:30
NETWORKING LUNCH**



**14:30-15:30
FIRESIDE**

Global Health Governance: What Policies Are Working and What Are Not

Rosa Martínez Rodríguez, Secretary of State for Social Rights, Government of Spain
Moderated by **Kira Fortune**, Regional Advisor Healthy Cities, Health Promotion and Well-being, WHO
Powered by WHO
HEALTH & LIFE SCIENCES



**15:30-16:30
PANEL**

Policies for Work: Productivity, Demographics & Workforce Transitions

Barbara Falcomer, Executive Director, Valore D
Alberto Antonietti, Vice President, Assoconsult
Giuseppe Carrella, Partner, BCLAB
Moderated by **Carola Salvato**, Founder & Chief Executive Officer Kea Connecta
WORK, EDUCATION & EQUITY



**17:00-17:30
VISION TALK & FIRESIDE**

Planetary Health Is Non-Negotiable: Taking Stock of Where We Are

Susana Muhamad, Former Ministry of Environment and Sustainable Development, Colombia
Presented by **Louisa Burwood-Taylor**, Chief Communications Officer, Agfunder
PLANETARY HEALTH



**17:30-18:30
PANEL**

Unlocking AI Potential: Prosperity for People and Planet

Vincenzo Giorgio, Chief Executive Officer, Altec Space (TBC)
Manuele Monti, Chief Executive Officer, TechBricks
Davide Parisi, Chief Executive Officer, Evja
Luca Foresti, Chief Executive Officer, NiuLinks (TBC)
TECHNOLOGY, DATA & AI

PROSPERITY

SKY 1



**12:00-13:00****TALK & FIRESIDE****Retail & Consumer Health Markets: State of Play****Beatriz Jacoste**, Chief Executive Officer, KMZero**Luigi Caterino**, Co-founder & Chief Executive Officer, The Longevity Suite**Massimo Pietracaprina**, Chief Executive Officer, MD ConciergePresented by **Roberta Farinola**, Chief Executive Officer, Wellingence

RETAIL & CONSUMER ACCESS

**13:00-14:30****NETWORKING LUNCH****14:30-15:30****PANEL****Supply Chains & Market Shifts in Food & Agriculture****Shirley Shahar**, Chief Executive Officer, DesertTech Ventures**Manon Littek**, Managing Partner, Green Generation Fund**Simona Caselli**, Presidente, GranlatteModerated by **Johan Jörgensen**, Partner, Sweden FoodTech

AGRICULTURE, FOOD & NUTRITION

**15:30-16:00****CONVERSATION****Energy for Health: Markets, Infrastructure & the Climate Dividend****Cristina Tommasini**, Senior Advisor, Finegreen**Simona Alberini**, Country Holding Officer, ABB (TBC)Moderated by **Flavia Zallocco**, Chief Client Experience & Product Officer, Green Future Project

PLANETARY HEALTH

**16:00-16:20****CONVERSATION****State of Bioeconomy & Circular Markets****Eric Ezechieli**, Co-founder & Co-director, NativaModerated by **Emanuele Bompan**, Editor in Chief, Renewable Matters

BIOECONOMY & CIRCULARITY

**16:45-17:45****SALON****Where Is Life Sciences Heading? Biotech, Pharma and the Next Frontier****Sergio Dompé**, Executive President, Dompé Farmaceutici**Peter Kash**, Chairman, Camelot Biocapital**Renee Deehan**, Senior Vice President, Inside TrackerModerated by **Christine Gould**, Chief Executive Officer, GIGA

HEALTH & LIFE SCIENCES

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12:00-13:00
PANEL

The New Architecture of Value: Rethinking Work for Longer Lives

Valeria Bonilauri, Board Member, Consorzio Elis
Antonio Addeo, President, Aran
Simone Pizzoglio, Vice President, Manager Italia
Cetti Galante, Chief Executive Officer, Intoo (TBC)
Massimiliano Branchi, General Manager, Saipem
 Moderated by **Annachiara Annino**, Partner, Lattanzio KIBS
 WORK, EDUCATION & EQUITY



13:00-14:30
NETWORKING LUNCH



14:30-15:30
PANEL

Investing in Cultural Capital: Creating Long-Term Value for One Health

Luca Tesauo, Founder & Chairman, Giffoni Innovation Hub
Nicola Formichella, Chief Executive Officer, Forbes Italia
Nic Palmarini, Director, UK National Innovation Centre for Ageing
 Moderated by **Michela D'Onofrio**, Co-founder, eArs
 MEDIA, CULTURE & LEISURE



15:30-16:00
VISION TALK

The Missing System: Why Longevity Begins Inside

Joshua Freedman, Founder & Chief Executive Officer, Six Seconds
 Presented by **Louisa Burwood -Taylor**, Chief Communications Officer, Agfunder
 MENTAL HEALTH & WELLBEING



16:15 - 17:15
PANEL

The Consumer Shift in Wellness & Nutrition: Trust, Choice & Misinformation

Daniela Cerrato, Chief Marketing Officer, Mondadori Group
Tom Peach, Head of Design, Smart Products & Wearables EssilorLuxottica (TBC)
Manon Littek, Founder & General Partner, Green Generation Management
Tine Hertz, Founder & Chief Executive Officer, One Thirty Labs
 Moderated by **Roberta Farinola**, Chief Executive Officer, Wellingence
 CONSUMER INNOVATION & WELLNESS



17:30-18:30
PANEL

Reimagining Universities in an Age of Rapid Change

Flavia D'Amelio, Vita - Salute San Raffaele University
Elio Franzini, University of Milan Statale
Giovanna Iannantuoni, Bicocca University of Milan
 WORK, EDUCATION & EQUITY

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**10:30 - 13:00**
KEYNOTE & PANEL**Longevity and Demographics: Rethinking Ageing Societies**Chaired by **Francesco Billari**, Bocconi University of MilanKeynote by **Jay Olshansky**, University of Illinois*Life extension in the XI century***Jennifer Beam Dowd** – University of Oxford*Progress stalled? The uncertain future of life Expectancy in high-income countries***Diego Ramiro Farinas** – Spanish National Research Council*Sociodemographic and health inequalities and their effect on life expectancy***Daniele Vignoli**, University of Florence*Positive demography: reframing the debate on population ageing*

Panel discussion

Keynote by **Pierre Magistretti**, King Abdullah University of Science and Technology (KAUST)*Brain Health and Aging: A key role of glial cells and neuroenergetics*

SCIENCE & RESEARCH

**13:00-14:30**
NETWORKING LUNCH**14:30-18:30**
PANEL**Measuring Ageing: Biomarkers, Clocks, And Predictive Tools**Chaired by **Claudio Franceschi**, Professor Emeritus of Immunology, University of Bologna**Claudio Franceschi**, University of Bologna*Age clocks: state of the art***Steve Horvath**, Principal Investigator, University of California Los Angeles*From clocks to care: epigenetics in precision medicine***David Furman**, Director, Stanford 1000 Immunomes Project, Buck Institute*Epigenetic clock of intrinsic capacity***Roland Eils**, Founding Director, Center of Digital Health at Berlin Institute of Health at Charité*AI for longevity: Predicting ageing related outcomes in population scale cohorts***Davide Cacchiarelli**, Group Leader, Institute Telethon of Genetics and Medicine-TIGEM*Population genomic screening: intercepting tumors and cardiovascular diseases before symptoms***Austin Argentieri**, Researcher, Broad Institute*Developing robust aging biomarkers via proteomics and genomics: perspectives from large human studies***Emanuele Di Angelantonio**, Head of Health Data Science Centre, Human Technopole*Cardiovascular risk prediction algorithms***Paolo Garagnani**, Associate Professor, University of Bologna*Natural selection signatures of semi-supercentenarians genomes reconcile hallmark pathways of preclinical models of aging with human longevity*

Panel discussion

Keynote by **Andrea Maier**, Professor of Geroscience, National University of Singapore-NUS*Digital biomarkers of aging*

SCIENCE & RESEARCH



21 MAY

Redesigning Systems & Governance



Allianz MiCo



10:00 - 10:50

CONVERSATION

Health Systems at a Crossroads: Redesigning for Healthier Societies

Yongjie Yon, Technical Officer on Ageing and Health, WHO Europe

Rosanna Tarricone, Associate Dean, SDA Bocconi

Guido Bertolaso, Welfare Councillor for the Lombardy Region (TBC)

Moderated by **Yongjie Yon**

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POLICY & GOVERNANCE



11:00-12:00

TALK

Policies for Sustainable and Inclusive Societies

Giuseppe Reale, President and Co-General Manager, **Fondazione Rebecca**

Arnstein Aassve, Director, FutuRes Bocconi

Fabrizio Natale, Team Leader Demography, European Commission -Joint Research Centre JRC

Mariuccia Rossini, President, AGESPI

Moderated by **Felice Lopane**, Managing Director, Cluster BION

ONE HEALTH



12:00-13:00

FIRESIDE CHAT

From Financial Advisory to Life Planning: A Necessary Evolution

Fabio Melisso, Chief Executive Officer, Fineco Asset Management

Giuseppe Turchetti, Professor of Economics, University of Pisa

Powered by *Fineco*

ECONOMY, FINANCE & INVESTMENTS



13:00-14:30

NETWORKING LUNCH



14:30-15:30

FIRESIDE CHAT

Financing the Planet: Capital, Regeneration & Real-World Transition

Daniela Ibarra Howell, Founder and Managing Director, Savory Foundation

Moderated by **Sharon Cittone**, Chief Executive Officer, Edible Planet Ventures and Milan

Longevity Summit

ECONOMY, FINANCE & INVESTMENTS



15:30-16:30

PANEL

Policy & Governance for Food System Transition: Aligning Health, Climate & Markets

Francesca Gallelli, Food Systems Policy Officer, World Federation for Animals

Martin W. Bloem, Associate Professor, Johns Hopkins Bloomberg School of Public Health, Senior Advisor Kerry Health and Nutrition Institute

Dan Kittredge, Founder & Executive Director, Bionutrient Institute

Johan Swinnen, Director General, International Food Policy Research Institute

Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures

AGRICULTURE, FOOD & NUTRITION



16:30-17:30

VISION/SALON

Redesigning Urban Ecosystems: Health, Resilience & Liveability

Vision Talk by **Kira Fortune**, Regional Adviser, Healthy Cities, Health Promotion and Well-being, WHO

Emanuel Conte, Deputy Mayor for Budget, State Property and Housing, Municipality of Milan

Federico Serra, President, Health City Institute

Moderated by **Kira Fortune**

Powered by *WHO*

INFRASTRUCTURE & CITIES



17:30-18:30

PANEL

Public-Private Capital and Systemic Infrastructure: The Incentive Gap

Marco Alverà, Co-founder & Chief Executive Officer, Zhero Group

Luciano Balbo, Chairman, Oltre Impact

Paolo Pio, Co-founder & General Partner, Exceptional Ventures

Omar Bertoni, Chief Executive Officer, LifeGate Way

Moderated by **Guido Cornettone**, Chief Executive Officer, Solongevity

ECONOMY, FINANCE & INVESTMENTS

PROSPECTIVITY

SKY 1





10:00-11:00

PANEL

Retail for the Century-Long Life: Rethinking the Consumer Journey

Luigi Riva, President, Assoconsult

Claudia Parzani, Co-founder, A-Life

Viktorii Savitska, Chief Global Affairs Officer, Epicentr Group of Companies

Antonio Sciuto, Co-founder & Chief Executive Officer, ELAI

Moderated by **Moriella Kovalski**, Executive Director, Maize

RETAIL & CONSUMER ACCESS



11:00-12:00

PANEL

Food as Medicine: Precision Nutrition, Business Models & Access

Bodil Sidén, General Partner, Kost Capital

Nélida Leiva Eriksson, Chief Executive Officer, Ironic Biotech

Florian Müller, Member of the Executive Board, Colostrum BioTec

Christian Pichler, Chairman and Managing Director, GERBER-RAUTH

Moderated by **Antonio Iannone**, Founder & Chief Executive Officer, The FoodCons

AGRICULTURE, FOOD & NUTRITION



12:00-13:00

PANEL

Designing Healthier Products: From Molecule to Market

Lorenzo Wittum, VP Global, Vaccine & Immune Therapies, AstraZeneca

Colby Kash, Chief Executive Officer, Camelot BioCapital

Asaph Aharoni, Principal Investigator, Weizmann Institute

Bart Van Hooland, Managing Partner, THIA Ventures (TBC)

Moderated by **Ludovico Baldassin**, Chief Executive Officer, Jakin

BIOECONOMY & CIRCULARITY



13:00-14:30

NETWORKING LUNCH



14:30-15:30

PANEL

Food as the Connective Tissue: Breaking Down Silos Across Sectors

Anja Leissner, Chief Executive Officer, Spring

Louisa Burwood-Taylor, Chief Communications Officer, AgFunder

Dan Kittredge, Founder & Executive Director, Bionutrient Institute

Moderated by **Beatriz Jacoste**, Chief Executive Officer, KMZero Food Innovation Hub

AGRICULTURE, FOOD & NUTRITION



15:30-16:30

PANEL

Inclusive Innovation: Designing for Access, Not Elites

Anna Zò, Head of MIH PRO, Music Innovation Hub

David Bassani, Founding Partner, Maia Ventures

Giuseppe Andreoni, Professor at Politecnico di Milano, Department of Design

Asier Alea, Director of Global Development, Basque Culinary Center

Moderated by **Beatriz Jacoste**, Chief Executive Officer, KMZero Food Innovation Hub

CONSUMER INNOVATION & WELLNESS



16:30-17:30

VISION TALK

AI in Practice: Decision-Making, Prediction and the One Health Promise

Lorenzo Fariselli, Director, Six Seconds Europe

Ava Esh, Founder & CEO, Mirae Code Labs

Ivan Ortenzi, Chief Innovation Evangelist, BIP

Giuseppe Mayer, Chief Executive Officer & Founder, Talent Garden

Presented by **Ryslaine Moulay Peach**, Innovation Director, Maize

TECHNOLOGY, DATA & AI



17:30-18:30

CONVERSATION

Beyond the Self: Rethinking Time, Death and Legacy

Tommaso Barba, Centre for Psychedelic Research, Imperial College London

Thomas Winkelmann, Co-founder, A Hundred Years

Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures

MENTAL HEALTH

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9:45-10:50
VISION TALK/PANEL

Cities as Health Systems: Designing for All Life Stages

Vision Talk: **Carlo Ratti**, Director, MIT Senseable City Lab & Founder, Carlo Ratti Associati

Federica Alberti, Director, Wellness Foundation

Lamberto Bertolé, Deputy Mayor for Welfare and Health, Municipality of Milan (TBC)

Claudio Garbellini, General Manager Homecare Division, SOL Group

Elisabetta Pizzini, Italy Country Leader, The Floop Limited

Moderated by **Carmen Chamorro**, Founder, Analog Experiences
INFRASTRUCTURE & CITIES



11:00-12:00
PANEL

Cities and Longevity, a Pact For The Future

Alessia Canfarini, Equity Partner & Head of Human Capital, BIP

Giacomo Biraghi, President, Stratosferica

Marcello Coppa, Chief Executive Officer, Feel

Alessandro Giaume, Senior Advisor, Feel

Moderated by **Antonella di Leo**, Publisher, Wise
INFRASTRUCTURE & CITIES



12:00-13:00
VISION TALK/FIRESIDE

Future-Ready Youth: Moving from Proven Practice to Systemic Impact

Stephen Ritz, Founder, Green Bronx Machine

Morgane Kendregan, School & Events Lead, Timegivers

Moderated by **Christine Gould**, Chief Executive Officer, GIGA
WORK, EDUCATION & EQUITY



13:00-14:30
NETWORKING LUNCH



14:30 - 15:30
VISION/ PANEL

The Architecture of Feeling: Designers, Artists and the Spaces That Shape Emotion

Vision Talk: **Duyi Han**, Artist and Designer

Giorgio Caimi, Director of R&D and Open Lab, Caimi Brevetti

Gianluca Valsesia, Chief Commercial Officer, Gessi

Lorenzo Palmeri, Architect and Designer

Moderated by **Carolina Nisivoccia**, Founder & Principal Architect, Cristina Nisivoccia
Architecture & Design
MENTAL HEALTH & WELLBEING



15:30-16:30
WORKSHOP

The Power of Pause: Attention, Presence & Human Performance

Tarun Galagali, Chief Executive Officer & Founder, Mandala for Us

MENTAL HEALTH & WELLBEING



16:30-17:00
FIRESIDE

Culture as Infrastructure: Narratives That Shape Systems

Sara Maino Sozzani, Creative Director, Sozzani Foundation

Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures
MEDIA, CULTURE & LEISURE



17:00-18:00
PANEL

The New Workforce Equation: Generations, Gender and the Future of Work

Patrizia Brognoli, Diversity and Inclusion Manager, Decathlon Italy

Paola Gerbaudo, Strategic Account Manager Health Systems IIG, Philips

Camilla Buttà, Sustainability & Communication Manager, Vector

Ruggero Rabaglia, HR Director Region Italy, Barilla Group

Dalila D'Ingeo, Cultural Anthropologist & Researcher, Valore D

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WORK, EDUCATION & EQUITY

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**9:30 - 13:30**
KEYNOTE & PANEL**Decoding The Biology Of Ageing**Chaired by **Guido Kroemer**Keynote: **Guido Kroemer**, Professor; Director INSERM team, Gustave Roussy Comprehensive Cancer Center*New facets of aging***Rosario Rizzuto**, Full Professor of General Pathology, University of Padua*Mitochondria and longevity***Daniel Andergassen**, Group Leader, Technical University of Munich*Stability of the inactive X chromosome across the lifespan and its implications for sex-biased disease***Fabrizio d'Adda di Fagnana**, Senior Scientist, IFOM, the AIRC Institute of Molecular Oncology, IGM-CNR*Telomere biology in aging and disease***Angelo Poletti**, Full Professor, University of Milan*Autophagy as a defense mechanism against proteotoxicity in motor neuron disease***Marco Sandri**, Full Professor of Cell Biology, University of Padua*Autophagy regulation by the gene Myh9***Valerio Orlando**, Professor of Bioscience, King Abdullah University of Science and Technology KAUST*New but old RNAs at the crossroad between healthspan, aging and disease***Weixu Wang**, Researcher, Helmholtz Center, Munich*Transcriptome-based human universal senescence index***Andrea Cossarizza**, Full Professor of Pathology, University of Modena and Reggio Emilia*Markers of immune senescence*Keynote by **Uri Alon**, Professor of Molecular Cell Biology; Director Sagol Institute for

Longevity Research, Weizmann Institute of Science

*Heritability of lifespan is higher than we thought***Panel discussion**

SCIENCE & RESEARCH

**13:00-14:30**
NETWORKING LUNCH**14:30-16:15**
PANEL**Brain Health And Ageing: From Risk To Resilience**Chaired by **Daniela Perani**, Vita-Salute San Raffaele UniversityCo-Chaired by **Massimo Filippi**, Vita-Salute San Raffaele University**Giovanni Frisoni**, Professor of Neuroscience; Director Geneva Memory Center, University of Geneva*Cognitive trajectories in healthy and pathological aging***Gael Chetelat**, Research Director, INSERM, Caen*Optimizing brain aging: reducing risk, strengthening resilience***Emrah Duezel**, Professor of Cognitive Neurology, Otto-von-Guericke University*Alzheimer's detection in individuals who feel healthy***Stefano Cappa**, Professor of Neurology, IRCCS Istituto Auxologico Italiano*The multiple facets of memory decline***Federica Agosta**, Associate Professor, Vita-Salute San Raffaele University

SCIENCE & RESEARCH

**16:15-18:00**
PANEL**The Immune System Across the Lifespan: Decline, Adaptation, And Longevity**Chaired by **Alberto Beretta**, Scientific Director, SoLongevity Foundation**Sunil Ahuja**, Professor of Medicine, University of Texas at San Antonio*Immune resilience as a key driver of healthspan***Gordan Lauc**, Professor of Biochemistry University of Zagreb, CEO Glycanage*Glycan biomarkers as a tool to monitor and improve resilience***Mario Clerici**, Full Professor of Immunology, University of Milan*Aging of the immune system and sarcopenia***Alejandro Lucia**, Professor, European University of Madrid*Physical exercise and anti-cancer immunity***Alessio Lanna**, Group Leader, University College London*Unprecedented systemic rejuvenation by the immune system*

SCIENCE & RESEARCH



9:30 - 11:00
PANEL

Metabolic Therapies And Longevity: Beyond Disease Management

Chaired by **Paolo Fiorina**, Full Professor; Director International Center for T1D, University of Milan

Co-Chair: **Maria Pia Abbracchio**, Professor of Precision Pharmacology, University of Milan

Roberto Trevisan, Professor of Endocrinology, Bicocca University

Sglt2 inhibitors

Angelo Avogaro, Full Professor of Endocrinology, University of Padua

GLP-1R agonists

Francesco Giorgino, Full Professor of Endocrinology, University of Bari

Dual GLP-1R/GIP-R agonists

Giuseppe Musumeci, Director of Cardiology, Ordine Mauriziano Hospital

Cardiovascular outcomes

Paolo Fiorina, University of Milan

Anti-inflammatory effects of GLP-1R agonists

Summing up: **Paolo Fiorina & Maria Pia Abbracchio**

SCIENCE & RESEARCH



13:00-14:30

NETWORKING LUNCH



14:30 - 16:30

PANEL

Cardiopulmonary Health: A Lifespan Perspective

Chaired by **Stefano Carugo**, University of Milan

Peter Lansberg, Researcher, University Medical Center

Early detection of genetically determined cardiovascular risk

Ivan Pećin, Associate Professor, University of Zagreb

Dyslipidemias and longevity

Arrigo Cicero, Associate Professor; President SINut, University of Bologna

Emerging cardiovascular risk factors impacting on longevity

Francesco Blasi, Full Professor of Respiratory Medicine, University of Milan

The aging lung: microenvironment, mechanisms, and diseases

SCIENCE & RESEARCH



16:30-18:00

PANEL

Skin Ageing: Biology, Biomarkers And Innovations

Chaired by **Giovanni Pellacani**, University La Sapienza

Stefania Guida, Researcher, Vita-Salute San Raffaele University

Genetic markers of skin aging

David Furman, Director, Stanford 1000 Immunomes Project, Buck Institute for Research on Aging

Epigenetic markers of skin aging

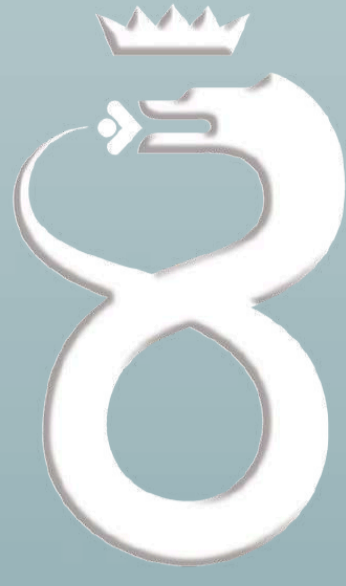
Iria Medrano Martinez, Researcher, University Carlos III de Madrid

Towards constructing a physiologically stratified skin model for deciphering aging and rejuvenation

Roberto Sitia, Professor of Molecular Biology, Vita - Salute San Raffaele University

Biology of aquaporins

SCIENCE & RESEARCH



22

MAY

Scaling & Infrastructure



Allianz MiCo



10:00 - 11:00
VISION/PANEL

Financing Planetary Health at Scale

Vision Talk: **Pierluigi Sassi** President Earth Day Italy, Chief Executive Officer Impatta4Equity

Alessandra Gelera, President, Cluster Nazionale Scienze della Vita ALISEI

Gloria Rita Bertoli, Istituto di Bioimmagini e Sistemi Biologici Complessi IBSC, CNR

Alessandro Monticelli, Founder & Chief Executive Officer, Green Independence

Viktorija Savitska, Chief Global Affairs Officer, Epicentr Group of Companies

Moderated by **Johan Jörgensen**, Partner, Sweden Foodtech

PLANETARY HEALTH



11:00-12:00
CONVERSATION

Who Is Funding the Circular Transition and Is It Enough?

Byron Peasland, Chief Operations Officer, Green Future Project

Nicola Tagliaferro, Scientific Director, European Institute for Innovation and Sustainability, EIS

Moderated by **Antonella di Leo**, Publisher, Wise

BIOECONOMY & CIRCULARITY



12:00-13:00
PANEL

Capital for Deep Tech: Investing in Systems Innovation

Diana Saraceni, Co-founder & General Partner, Panakès Partners

Sergio Strozzi, Diplomat, Ministry of Foreign Affairs and International Cooperation

Peter Kruger, Venture Partner, Big Idea Ventures

Alessandro Lattuada, Managing Director, Otsuka Pharmaceutical Italy

Moderated by **Guido Cornettone**, Chief Executive Officer Solongevity

TECHNOLOGY, DATA & AI



13:00-14:30
NETWORKING LUNCH



14:30-15:15
VISION TALK/FIRESIDE CHAT

Foresight for Systemic Resilience: Reimagining Our Collective Future

Sally Uren, Executive Director and Chief Acceleration Officer, Forum for the Future

Presented by **Anja Leissner**, Chief Executive Officer, Spring

ONE HEALTH



16:30-17:30
VISION TALK/PANEL

Policy for Intergenerational Cohesion: Health, Equity & Social Contracts

Opening by **Angeli Pateli**, Executive Director, Berkeley Center for Law and Business

Valerie Schena Ehrenberger, Vice President Assoconsult & President European Confederation of Search and Selection Associations (ECSSA)

Silvia Pugi, Board Member & Deputy Secretary General, CEC European Managers

Moderated by **Antonella di Leo**, Publisher, Wise

WORK, EDUCATION & EQUITY



17:30-18:30
PANEL

Organizational Longevity: Building the Future

Marco Ballaré, President, Manageritalia

Massimo Fiaschi, General Secretary, Manageritalia

Stefano Castrignanò, President, Osservatorio Italian Welfare

Antonio Bonardo, Chief Public Affairs Officer, Gi Group

Powered by *Manager Italia*

WORK, EDUCATION & EQUITY

PROSPERITY

SKY 1

BACK



10:00-11:00
CONVERSATION

Infrastructure for Interoperability: Building Digital Backbones for One Health Systems

Gaia Bradicich, Senior Director Strategy, Planning and Operations EMEA, Cisco
Massimo Chiriatti, Chief Technology Officer, Lenovo (TBC)
 Moderated by **Christine Gould**, Chief Executive Officer, GIGA Futures
 TECHNOLOGY, DATA & AI



11:00-12:00
PANEL

Regenerative Agriculture at Scale: Business Models and Market Reality

Dan Kittredge, Founder & Executive Director, Bionutrient Institute
Christine Gould, Chief Executive Officer, GIGA Futures
Erin Grover, Regenerative VC Expert, Triple Eight Capital
Hirander Misra, Chairman & Chief Executive Officer, ZERO13
 Moderated by **Antonio Iannone**, The FoodCons
 AGRICULTURE, FOOD & NUTRITION



12:00-13:00
PANEL

Foods and Ingredients of Tomorrow

Ali Morrow, Partner, Clay Capital
Christina Senn-Jacobsen, Chief Executive Officer, Swiss Food and Nutrition Valley
Nadav Berger, Founding Partner, PeakBridge
Ninna Granucci, Chief Executive Officer, Green Spot Technologies
 Moderated by **Antonella di Leo**, Publisher, Wise
 AGRICULTURE, FOOD & NUTRITION



13:00-14:30
NETWORKING LUNCH



14:30-15:30
VISION TALK

Durability by Design: The Future of Sustainable Fashion

Caterina Occhio, Responsible supply chain advisor, Caterina Occhio Consulting
Matteo Ward, Chief Executive Officer of Inside Out Fashion, Textiles & Home
Hakan Karaosman, Associate Professor, Politecnico di Milano
 Presented by **Antonella di Leo**, Publisher, Wise
 BIOECONOMY & CIRCULARITY



15:30-16:30
VISION TALK

People-Powered Circularity: Behavior, Story & Scale

Nicola Tagliafierro, Scientific Director, European Institute for Innovation and Sustainability, EIS
Jacopo Mele, Chief Executive Officer Moonstone
Jessica Sagratella, Copy & Branding Consultant
Paolo Dello Vicario, Co-founder, Datrix
 BIOECONOMY & CIRCULARITY



16:30-17:30
VISION TALK

From Code to Cure: AI's Expanding Role in Life Sciences

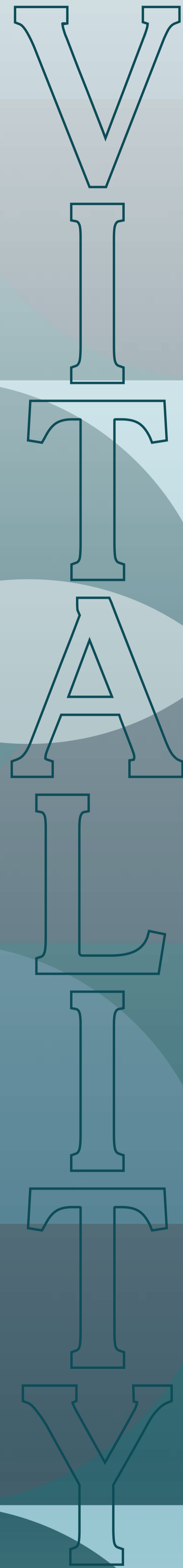
Marco Ali, Research Operations Manager, Centro Diagnostico Italiano-CDI
Dr. Harvey Castro, Chief AI Officer, Phantom Space Corporation
Dani Bach, Managing Partner, Limani Partners SA
Daniele Pili, Chief Executive Officer & Founder, React
 HEALTH & LIFE SCIENCES



17:30-18:30
VISION TALK

Platforms for Prevention: Subscriptions, Nudges & Data

Alessandro Ferri, Board Member and Scientific Director, Advice Pharma Group
Martina Pace, Partner, Chief Operations Officer & Head of Impact, Peakbridge
Affi Parvizi-Wayne, Founder & Chief Executive Officer Freda Health and SensoPad
 CONSUMER INNOVATION & WELLNESS





10:00-10:45

PANEL

The Exposome Project

G r me Guiot, Strategic projects Director, LVMH

Tina Woods, Founder & Chief Executive Officer Collider Health, Executive Director International Institute of Longevity

Nic Palmarini, Director, UK National Innovation Centre for Ageing

David Furman, Associate Professor and Director, Buck Institute for Research on Aging, Stanford

Joanna Bensch, Designer

Antonio Forenza, Founder and CEO, AWEAR

MEDIA, CULTURE & LEISURE



10:45-11:30

PANEL

Work & Burnout: Redesigning Organizational Resilience

Chiara Bacilleri, Marketing, Communications & Innovation Director, Mindwork

Francesco Finazzi, Chief Executive Officer, Myndoor

Tiziana Mele, Managing Director, Lundbeck Italia

Mattia Sciutti, Leadership & Team Effectiveness Manager Gruppo Nestl  in Italia.

Moderated by **Carola Salvato**, Founder & Chief Executive Officer Kea Connecta

WORK, EDUCATION & EQUITY



11:30-12:15

FIRESIDE CHAT

Wellness Tourism & Regenerative Travel

Jean-Yves Minet, Global Brand President, Midscale & Economy Brands, Accor

Moderated by **Louisa Burwood Taylor**, Chief Communications Officer, AgFunder

MEDIA, CULTURE & LEISURE



12:15 - 13:15

VISION TALK

The Science of Self-Care: From Hype to Health

Roberta Crialesi, Research Director, Italian National Institute of Statistics (ISTAT)

Annabella Amatulli, Head of Regulatory, Enterprise Therapeutics

Alessandro Portolan, Scientific Knowledge Director, Unifarco

Moderated by **Felice Lopane**, Managing Director, Cluster BION

CONSUMER INNOVATION & WELLNESS



13:15-14:30

NETWORKING LUNCH



14:30-15:30

PANEL

The Loneliness Epidemic: Belonging, Community and Mental Health in the Digital World

Ulrike Dobelstein-L the, Managing Director, F rstenberg Foundation

Maddalena Illario, Chair, Reference Site Collaborative Network RSCN

Tiziana Mele, Managing Director, Lundbeck Italia

Moderated by **Carmen Chamorro**, Founder, Analog Experiences

Your Attention Please Documentary introduced by **Giorgio Secli**, City Leader, Offline Club Milan

MENTAL HEALTH & WELLBEING



15:30-16:15

CURATED CHAT

Creativity as Infrastructure for System Change

Adama Sanneh, Co-founder & Chief Executive Officer, Moleskine Foundation

Moderated by **Sharon Cittone**, Chief Executive Officer, Edible Planet Ventures

MEDIA, CULTURE & LEISURE



16:30-17:30

PANEL

The VOICE of Longevity: Awareness, Language, and Relationships in the One Health Era

Giuseppe Reale, President and Co-Managing Director, Fondazione Rebecca

Stefano Simontacchi, Partner, BonelliErede and The Prism

Prof. Guendalina Graffigna, Full Professor, EngageMinds Research Center, Universit  Cattolica del Sacro Cuore

Prof. Sonia Melchiorre, President of CUG UNITUS and Associate Professor University of Tuscia

Prof. Luigi Maximilian Caligiuri, Director, Foundation of Physics Research Center-Foprc

Moderated by **Carola Salvato**, Founder & Chief Executive Officer, Kea Connecta

MEDIA, CULTURE & LEISURE



17:30-18:30

PANEL

Platforms for Learning & Purpose Across the Lifespan

Giuseppe Mayer, Chief Executive Officer, Talent Garden

Sabina Belli, Chief Executive Officer, Pomellato Group

Alessandra Giordano, Employability Director, INTOO

Moderated by: **Alessandra Bichi**, Thought Leadership & Engagement, Milan Longevity Summit

WORK, EDUCATION & EQUITY

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SKY 2

BACK

L O N G E V I T Y



9:30 - 12:45
PANEL

iPSCS IN Ageing And Disease: From Models To Molecule

Chaired by **Vittorio Sebastiano**, Associate Professor at Stanford University
Co-Chaired by **Tiziana Borsello**, Associate Professor, University of Milan
Keynote by **Thomas Südhof**, Professor and Nobel Laureate, Stanford University
How to use iPSCs to model aging, diseases, and neural plasticity

Mark Kotter, Associate Professor, University of Cambridge
Age clocks today

Rusty Gage, Professor, Salk Institute for Biological Studies
Aging of neurons and iPSC derived neurons/transdifferentiation

Hiro Nakauchi, Professor, Stanford University
Organs from hiPSCs

Gianvito Martino, Professor, Vita-Salute San Raffaele University
Neuronal stem cells in neurodegenerative disorders

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:00-16:00
PANEL

Targeting Ageing: Emerging Therapeutic Strategies

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan

Maria Pia Abbracchio, Professor, University of Milan
Drug repurposing today

Rossella Nappi, Professor, University of Pavia
Hormonal replacement therapies in women

Marco Quarta, CSO and Founder, Rubedo Lifesciences
Senolitics: an update

Paola Panina, Professor, Vita-Salute San Raffaele University
Pipeline-driven identification of drug candidate for neuroprotection

Maddalena Adorno, CEO & Co-Founder, Dorian Therapeutics
Modulation of an epigenetic regulator for the treatment of age-related diseases

SCIENCE & RESEARCH



16:30-18:00
PANEL

Building Europe's Biomedical Research Infrastructure

Chaired by **Maria Pia Abbracchio**, Professor, University of Milan
Co-Chaired by **Massimo Florio**, Professor, University of Milan, Italy, Adriana Maggi, Professor, University of Milan

Els Torrele, Steering Committee Member, Public Pharma for Europe Coalition

Giuseppe Remuzzi, Director, Mario Negri Institute for Pharmacological Research

Jacques Demotes, Director General, European Clinical Research Infrastructure Network

Massimo Florio, Professor, University of Milan

Summing Up: **Adriana Maggi**, Professor, University of Milan and **Massimo Florio**, Professor, University of Milan

SCIENCE & RESEARCH



**11:00 - 12:00**
PANEL**Exercise And Longevity: Optimizing Health Across The Lifespan**Chair: **Francesco Landi**, Professor, Gemelli University Hospital**Silvano Zanuso**, Director of Medical Strategy and Research, Wellness Foundation and Edith Cowan University*Marginal Gains Vs Longevity Pillars***Riccardo Calvani**, Researcher, Catholic University of the Sacred Heart*Sarcopenia and healthy aging: capturing what counts in muscle failure***Matteo Tosato**, Medical Director, Gemelli University Hospital*Emerging targets for treatment of sarcopenia*

SCIENCE & RESEARCH

**13:00-14:30**
NETWORKING LUNCH**13:45-15:45**
PANEL**Regenerative Medicine: Translating Science Into Care**Chaired by **Eugenio Caradonna**, President, Centro Diagnostico Italiano**Giulio Pompilio**, Scientific Director, Monzino Cardiology Institute*Human iPSC-derived cardiac stromal cells cardiac-derived mesenchymal cells for unmet cardiovascular needs***Giorgio Calori**, Professor, Columbus Clinical Institute*Treatment algorithm: tailoring the approach to the patient at risk in orthotraumatology***Laura Mangiavini**, Associate Professor, IRCCS Galeazzi*Mesenchymal stem cells in knee osteoarthritis***Fulvio Ferrara**, Director of Laboratory Medicine, IRCCS Auxologico*Blood markers of stem cells exhaustion***Andrea Cusano**, Professor, University of Sannio*Photobiomodulation: mechanisms, targets and therapeutic synergies***Carlo Tremolada**, Plastic Surgeon & Founder, Image Regenerative Clinic*Microfragmented human fat tissue for large scale production*

SCIENCE & RESEARCH

**15:45-16:45**
PANEL**The Gender Gap In Longevity: Science, Society And The Future Of Health**Chaired by **Antonella Santuccione Chadha**, CEO, Women's Brain Foundation**Anna Erat**, Physician and Longevity Expert, Hirslanden Clinic**Lars Hartenstein**, Director of Healthy Longevity, McKinsey Health Institute**Roberta Gualtierotti**, Associate Professor, University of Milan**Jan Schadrack**, Global Development Leader, Roche**Letizia Mencarini**, Professor, Bocconi University**Diana Saraceni**, Co-Founder & General Partner, Panakès Partners

SCIENCE & RESEARCH

**16:45-19:00**
PANEL**Emerging Technologies Shaping Longevity**Chaired by **Marta Fumagalli**, Associate Professor, University of Milan**Matteo Carboneschi**, CEO & Founder, Personalife, Italy*Estrogens in menopause: from the genome to the metabolome***Livio Luzi**, Professor, Multimedica and University of Milan*Neuromodulation to treat obesity and diabetes***Paolo Capodaglio**, Professor, University of Milan and IRCCS Auxologico*New evidences in the clinical use of Whole-Body Cryostimulation***Ennio Tasciotti**, Professor & Director, IRCCS San Raffaele*Biomimetic nanomaterials to guide body healing***Dora Lalic**, Clinical Scientist, Glycanage*Glycans as biomarkers for personalized health tracking***Lucy Costantino**, Geneticist, Centro Diagnostico Italiano CDI*Epigenetic Regulation of Aging***Valeria Ricotti**, Co-Founder & CMO, Vesalic Ltd*Redefining ALS and neurodegenerative diseases: from system biology to transformative therapeutics***Elisabetta Burchi**, Medical Director, Parasytm Ltd*Autonomic regulation through a neuromodulatory approach to improve overall resilience***Andrea Castagnetti**, CEO & Co-Founder, Wellmicro*Artificial intelligence and the microbiome: emerging frontiers in longevity medicine*

SCIENCE & RESEARCH



23

MAY

Futures & Cultural Adoption



Allianz MiCo



10:30 - 11:00
The Long View: Space, Data & the Next Chapter of Human Health

11:00 - 15:30

Youth Takeover

On the final day of the Milan Longevity Summit, the stage shifts.

Not as a symbolic gesture, but as a deliberate transition of voice, perspective, and responsibility.

Youth Takeover is where the next generation steps forward, not as future leaders, but as present system shapers. A space where young founders, researchers, creators, and changemakers bring forward new ways of thinking about health, society, and the planet. Not constrained by legacy models, but informed by urgency, creativity, and lived experience.

Across sessions, dialogues, and open exchanges, this is a moment to challenge assumptions, reframe priorities, and ask different questions:

What does it mean to design systems for a 100-year life?

What kind of world are we building, and who is it truly built for?

What are we not seeing because we are too close to the way things have always been done?

From food systems to mental health, from education to technology, Youth Takeover connects ideas with action, bridging generations in a conversation that is as much about listening as it is about leading.

**Because the future is not something to prepare them for.
It is something they are already building.**

15:30
Closing

Stay tuned for the full youth takeover program

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SKY 1

BACK



Brain Capital Event

Longevity by Design: Building Community-Based Brain Capital



09.00 – 09.15

Welcome & Opening

Chaired by **Paola Zaratin**, Director of Scientific Research, Italian MS Society – Italian MS Foundation

Paweł Świeboda, Founder, NeuroCentury; Co-Founder, Brain Capital Alliance



09.15 – 09.40

Keynote Intervention

Unlocking Impact: WHO's 2025 Global Status Report on Neurology

A Global Call to Strengthen Neurological Care for All

Abdefatah Ibrahim, Chair, OneNeurology Initiative

Chaired by **Paola Zaratin**, Director of Scientific Research, Italian MS Society – Italian MS Foundation

Q&A



09.40 – 10.20

Inspirational Lecture

Maintaining Exceptional Memory Function into Your Eighties: The Secrets of Superaging

Bryan Strange, Director, Laboratory for Clinical Neuroscience, Polytechnic University of Madrid

Chaired by **Paweł Świeboda**, Founder, NeuroCentury; Co-Founder, Brain Capital Alliance

Q&A



10.20 – 11.00

Inspirational Lecture

From Abundance of Data to Actionable Insights in Prevention and Early Diagnosis

Ira Haraldsen, Lead, Cognitive Health Research Group, Oslo University Hospital

Chaired by **Paweł Świeboda**, Founder, NeuroCentury; Co-Founder, Brain Capital Alliance

Q&A



11.00 – 11.30

Coffee Break & Artistic Installation

"PortrAlts" – an exhibition on the invisible symptoms of multiple sclerosis



11.30 – 12.30

Panel Discussion

Citizens, Patients, Innovators and Communities as Co-Creators of the Prevention and Longevity Agenda

Kristin Schneeman, Senior Director, FasterCures

Caroline Montojo, President and CEO, Dana Foundation

Orla Galvin, Executive Director, European Federation of Neurological Associations

Marco Mohwinkel, President, Tech Tour Mental & Brain Health Programme

Sylvain Piquet, CEO, Five Lives

Chaired by **Paola Zaratin**, Director of Scientific Research, Italian MS Society – Italian MS Foundation and **Paweł Świeboda**, Founder, NeuroCentury; Co-Founder, Brain Capital Alliance

Q&A



12.30 – 13.30

Panel Discussion

Towards a Global Plan of Action on Brain Capital and Longevity

Kristin Schneeman, Senior Director, FasterCures

Caroline Montojo, President and CEO, Dana Foundation

Orla Galvin, Executive Director, European Federation of Neurological Associations

Frédéric Destrebecq, Executive Director, European Brain Council

Mario Battaglia, CEO, Italian MS Society; President, International Multiple Sclerosis Federation

Ira Haraldsen, Lead, Cognitive Health Research Group, Oslo University Hospital

Bryan Strange, Director, Laboratory for Clinical Neuroscience, Polytechnic University of Madrid

Chaired by **Paola Zaratin**, Director of Scientific Research, Italian MS Society – Italian MS Foundation and **Paweł Świeboda**, Founder, NeuroCentury; Co-Founder, Brain Capital Alliance

Q&A



13:30-14:30

NETWORKING LUNCH

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SKY 2





9:30 - 12:00
PANEL

Nutrition And Nutraceuticals For Healthy Aging

Chaired by **Hellas Cena**, Professor, University of Pavia

Co-Chaired by **Paola Minghetti**, Professor, University of Milan

Hans Konrad Biesalski, Professor, University of Hohenheim

Is longevity part of human evolution?

Maria Rescigno, Professor, Humanitas University and IRCCS Humanitas

Intestinal barrier permeability, the microbiota and aging

Michele Carruba, Professor, University of Milan

Amino acids and adaptive thermogenesis

Patrizia Riso, Professor, University of Milan

Animal versus plant proteins

Pier Giorgio Natali, Scientific Coordinator, Mediterranean Task Force for Cancer Control

Biofortified functional foods in chronic diseases of aging

Johanna Gorol, Researcher, Frankfurt Cancer Institute

Enhancing immune cell health through urolithin A-induced mitophagy

Giovanni Fiorito, Researcher, IRCCS Gaslini

Caloric restriction and biological aging: mechanisms, reversibility and multi-omic insights

SCIENCE & RESEARCH



12:00-12:45
KEYNOTE

The Healthspan Revolution: How Ai And Predictive Diagnostics Can Prevent People From Becoming Patients

Keynote: **Camillo Ricordi**, Professor & Director, University of Miami Diabetes Research Institute

SCIENCE & RESEARCH



13:00-13:45
PANEL

Lessons From The World Of Longevity Science

Alberto Beretta, Scientific Director, SoLongevity

Filippo Ongaro, Founder & CEO, Ongaro Coaching

Emanuela Notari, Strategic Advisor & Founder, Longevity Economy

SCIENCE & RESEARCH



14:00-16:00
PANEL

Longevity Clinics: Global Models Of Preventive Medicine

Session 1 Chaired by **Tina Woods**, CEO, International Institute of Longevity

William Capp, CEO, Fountain Life

Joanna Bensch, CEO & Founder, Longevity Center, Switzerland

Javier Ramirez, Founder, Longevity Ecosystem

Session 2 Chaired by **Alessia Catania**, Neurologist, Besta Neurologic Institute

George Gaitanos, Chief Operating & Scientific Officer, Chenot Group

Alberto Cerasari, Co-Founder, SoLongevity

Massimo Gualerzi, Co-Founder & Scientific Director, The Longevity Suite

David Della Morte Canosci, Professor, University Hospital Policlinico Tor Vergata

SCIENCE & RESEARCH

AQUA 1

BACK



9:30 - 11:00
PANEL

Longevity Begins Early: Shaping Lifelong Health

Chaired by **Giuseppe Banderali**, Professor & Director, San Paolo and Carlo Hospitals

Monica Miozzo, Professor, University of Milan

Prenatal and natal tests: for better life outcome

Giuseppe Banderali, Professor & Director, San Paolo and Carlo Hospitals

Importance of pediatric epigenetic aspects: genes are not your destiny

Chiara Bertolaso, Pediatrician, San Paolo Hospital

How can pediatric global health impact longevity?

SCIENCE & RESEARCH



11:00-13:00
PANEL

The Rise Of Longevity Medicine: The Physician's Role

Chair: **Anna Erat**, Medical Director & Lecturer, University of St. Gallen

Filippo Ongaro, Founder & CEO, Ongaro Coaching

Nirusha Kumaran, Founder & Medical Director, Elemental Health

Mayoni Gooneratne, Founder, Human Health

Antonella Santucci Chadha, CEO, Women's Brain Foundation

SCIENCE & RESEARCH



13:00-14:30
NETWORKING LUNCH



14:00-16:00
VISION TALK/Q&A

Ai And The Future Of Longevity Science And Medicine

Chaired by **Isabella Castiglioni**, Professor, Bicocca University

Co-Chaired by **Maria Pia Abbracchio**, Professor, University of Milan

Ernesto Damiani, Professor, University of Milan

LLM (Large Language Model) stratification for therapeutic efficacy in age-related diseases

Mirella Mastretti, Founder, T4R Fondazione Triulza

Trusting AI with human longevity: beyond data, towards responsibility

Marco Ali, Head of Digital Health & AI, Italian Diagnostic Center CDI

Transforming longevity medicine through large language models

Keynote: **Simone Bianco**, Principal Investigator, Altos Labs

From molecules to virtual cells: the AI-driven future of longevity

SCIENCE & RESEARCH

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Thank
You